

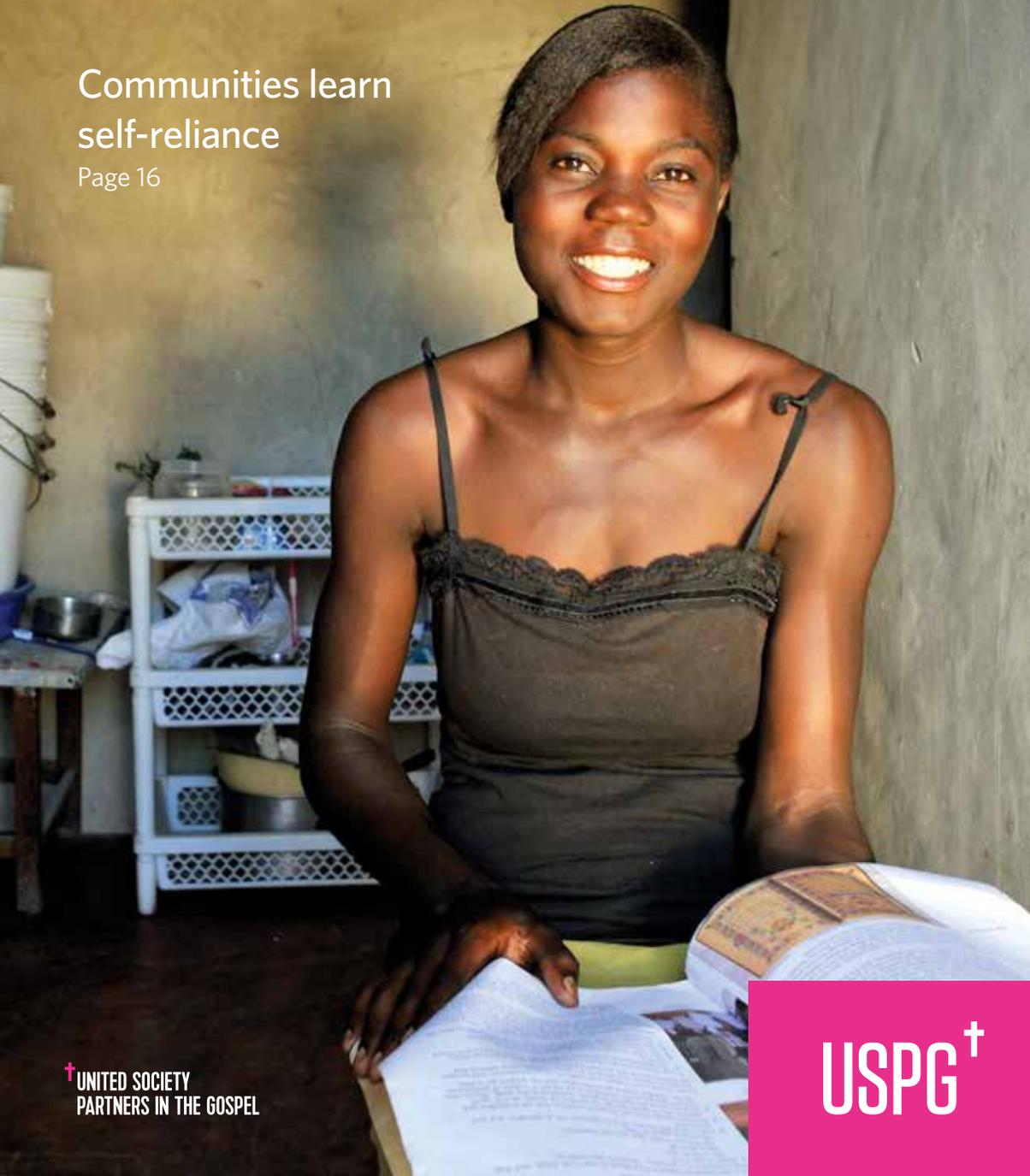
# TRANSMISSION

The magazine of USPG. Founded 1701

Winter 2016

## Communities learn self-reliance

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**† UNITED SOCIETY  
PARTNERS IN THE GOSPEL**

**USPG<sup>†</sup>**

**Cover:** Divine, who benefits from a church and community programme in Senama, Zambia. (USPG/Leah Gordon)

**We are USPG.** We are an Anglican mission agency working in partnership with churches around the world. Together, we work alongside local communities to improve health, put children in school, tackle discrimination, nurture leaders, give a voice to women, and much more. Founded 1701.

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# Deepening partnerships

'Partners' and 'Gospel' are vital components of our name – United Society Partners in the Gospel – and they flow through this edition of *Transmission*.

As we bid farewell to a valued colleague in Ireland (page 4), we are reminded of the many individuals who through the years have contributed to the deepening partnerships that USPG holds with the world church.

Indeed, a surprise phone call from the BBC (page 3) provided an opportunity to recall the SPG/USPG medical personnel who did sterling work during the dark days of apartheid in South Africa.

Much has changed in South Africa over the last 50 years. However, there are many, including the Anglican Church there, who are calling for ongoing change that will benefit those communities that continue to struggle despite the end of apartheid. This is especially the case for women and children, whose lives are still marred by violence.

Thankfully, the work of the gospel continues, and USPG is working in partnership with a new generation of church activists and community heroes in South Africa to respond to today's challenges.

**Janette O'Neill**

Chief Executive, USPG

If you'd like to receive *Transmission* on a regular basis, please email [eunicek@weareUs.org.uk](mailto:eunicek@weareUs.org.uk)

## SPG to star in Call the Midwife Christmas special

SPG – the organisation that joined UMCA in 1965 to create USPG – has a starring role in a special Christmas episode of the BBC’s Call the Midwife.

The show follows the fortunes of the midwives and nuns at Nonnatus House, in East London, in 1961. In the Christmas special, the Revd Tom Hereward and a number of the Sisters and midwives are sent by SPG to help a struggling clinic in South Africa.

USPG played a significant role in helping the BBC to research the episode, including input from USPG General Adviser Canon Edgar Ruddock, who was a mission companion in South Africa in the 1980s.

Edgar explained: ‘I had a lengthy phone conversation with the key researcher who tapped into my knowledge of the 1980s when many church-founded hospitals were still operating across rural southern Africa. I was also able to point them to various older colleagues who had worked there as doctors or nurses during the 1960s.’

As a special thank you to Edgar – much to his surprise – the show’s writers named the character of a coroner after him; look out for Edgar’s name on a brass plaque on the

coroner’s office door in the new series being screened next year.

Without wanting to offer any spoiler material, here’s a little sneak preview from the BBC about the Christmas special: ‘Nonnatus House receives an SOS from a tiny mission hospital. Understaffed, underfunded, and with a poor water supply, struggling Hope Clinic is faced with closure.’

The BBC adds: ‘Far from home and everything familiar, the team are both shaken and exhilarated by the challenges they face – and by the time the mission trip is over, some lives are permanently changed.’

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**The days of Call the Midwife may be behind us, but USPG is still sending mission volunteers to South Africa. Find out more about our world church placement scheme at [www.uspg.org.uk/travel](http://www.uspg.org.uk/travel)**



Call the Midwife (BBC/Neal Street Productions)



# Free day conference will explore global theology

USPG is hosting a free day conference looking at mission theology from four corners of the globe.

The Rethinking Mission Conference will take place at Southwark Cathedral on Saturday 18 March 2017, from 9.30am to 4pm, with a free lunch provided.

The aim is to explore how global theology might help us shape local mission in Britain and Ireland.

Speakers at the conference include:

- Ms Evelyn Bhajan, a PhD student from the Church of Pakistan, currently studying at the Queen's Foundation for Ecumenical Theological Education, Birmingham.
- The Revd Dr Canon Vicentia Kgabe, the first female Principal of the College of Transfiguration, South Africa.

- The Ven John Perumbalath, ordained in the Church of North India and now the Archdeacon of Barking. He chairs the London Churches Refugee Network and the Committee for Minority Ethnic Anglican Concerns.
- The Revd John Rogers, rector of St George's and Rural Dean of St John's, Barbados.

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Spaces are limited so please book early by contacting Jacqueline Watson at USPG by emailing [jacquelinew@uspg.org.uk](mailto:jacquelinew@uspg.org.uk) or calling 020 7921 2204.

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## New future for USPG in Ireland

We pay warm tribute to Linda Chambers who is moving on after 15 years leading USPG in Ireland. We thank Linda and her husband Jan for their commitment, and wish them every blessing for the future.

Through Linda, USPG Ireland's primary focus was on the Anglican Church in Swaziland and the Al-Ahli Anglican Hospital in Gaza. Going forward, supporters in the Church of Ireland will be able to have a wider engagement in the mission of USPG's world church partners.

Bishop John McDowell and Canon Patrick Comerford, both in Ireland, will remain Trustees of USPG ensuring the interests and priorities of supporters in the Church of Ireland will continue to inform all decision-making.

In 2017, we plan to recruit a member of

staff in Northern Ireland to resource and encourage parishes and individuals in the Church of Ireland in their support for USPG. Meanwhile, any requests for information or materials can be made to our London office (see contact details on page 2).



←  
Linda  
Chambers  
(USPG/  
Leah  
Gordon)

# Church brings fun and laughter to child refugees in Greece

Life for adult refugees in Greece is difficult – many fled war or persecution, risked treacherous journeys, and now live in squalid refugee camps – but imagine what life must be like for child refugees.

Of the 60,000 refugees and asylum seekers currently stranded in Greece, around 40 per cent are children – and caring for these children is a priority of USPG and our partners.

Recently, with the population in the camps stabilising, Child-Friendly Spaces (CFS) have been set up to provide children with protection, education and an opportunity to play.

In mainland Greece we are supporting the CFS work of Lighthouse Relief and on the island of Samos we are working with Medical Intervention (MedIn).

Rebecca Boardman, USPG Refugee Response Facilitator in Athens, explained: 'The spaces are colourful, vibrant and fun. Psychologists and social workers run creative

therapy sessions, while volunteers organise games and activities.

'There are no schools in the refugee camps, but in these spaces the children are able to learn in an engaging and supportive environment, and they're helped to cope with the trauma they have experienced.'

In a refugee camp on Samos, amid the tension, fear and uncertainty, a MedIn social worker told Rebecca: 'Every day children have the opportunity to draw, to play, to create and, most importantly, to laugh.'

'Children learn basic English and essential hygiene practices like washing their hands and brushing their teeth. They have fun together and are excited to learn. It is like they have created a new world, a better world, even if it's just in a tent.'



Idomeni informal refugee camp at the Macedonia border in Greece. (USPG/Leah Gordon)



# Anglicans pledge to support climate justice

Following our recent International Consultation in Fiji, USPG staff members visited Tonga to worship with local Anglicans – and were shocked to see the impact of climate change.

An open-air Eucharist was scheduled to take place on consecrated ground in the centre of a small island – on the same spot where the Archbishop of York had held a service on dry land 11 months earlier. However, USPG staff arrived to find the area two feet under sea water.

The situation highlighted how rising sea levels due to global warming are forcing islanders in Polynesia to relocate – with nearly 700 communities requiring new homes due to imminent risk of permanent flooding.

Naomi Herbert, USPG International Programmes Director, explained: 'If sea levels continue rising as predicted, Tonga won't be here by 2050. Thousands of people are becoming climate refugees, clinging on for life.'

One outcome of the International Consultation is that USPG and our world

church partners have pledged to redouble efforts to work for climate justice.

## 19 provinces

At the consultation, delegates representing 19 Anglican provinces discussed the challenge they face, including inter faith issues and gender inequality. And it became evident to those present that the Anglican Communion is equipped to tackle these challenges.

The Revd Tim Harford, USPG Fundraising and Communications Director, explained: 'Our colleagues in the world church have tremendous experience and knowledge, and I think they have the answers to each other's problems. What seems necessary is for the world church to be missionaries to each other – and one of our goals at USPG is to help facilitate this.'

A good example of the church's problem-solving capacity is demonstrated by the Anglican Church in Fiji's pledge to provide 5,500 acres of land for climate change refugees from Kiribati.



Archbishop Winston Halapua stands in sea water in the middle of Pangaimotu island, Tonga. (USPG/Naomi Herbert)

# USPG is helping churches worldwide respond to crises

The churches in Ethiopia, Sri Lanka and Pakistan have received emergency support from USPG's Rapid Response Fund to help reach out to communities in crisis.

In Ethiopia, the Anglican Church is supporting communities recovering from violence in the volatile Gambella region, which is home to Sudanese refugees.

In spring, cattle raiders from the Murle ethnic group launched an attack on Nuer villages, killing over 200 people, injuring a further 100, and kidnapping 100 children (of whom about 70 children have now been found). In the aftermath, long-standing tensions erupted and dozens more were killed.

With the situation now settled, the church has been helping those left reeling by the attacks.

A grant from our Rapid Response Fund has funded food, clothes, medicine, mosquito nets and housing materials which are benefiting 300 families.

## Sri Lanka

In Sri Lanka, in June, we sent emergency funding to the Church of Ceylon after flash

floods destroyed three villages in the Kegalle region, claiming at least 100 lives and damaging or destroying over 128,000 homes.

Those made homeless were given temporary shelter in camps, schools, religious buildings and community centres, as well as with relatives and neighbours.

USPG sent funds to the Diocese of Colombo, which was badly affected. The church provided 30 boats for rescue operations, then distributed emergency supplies. The church is also helping with house repairs and providing schools with supplies.

## Pakistan

In Pakistan, also in June, we sent a grant to support the Diocese of Hyderabad in its response to drought, providing communities with clean water and other supplies.

Ashley Farooq, of Hyderabad Diocese, said: 'We are so grateful to USPG for assisting families.'



Sudanese refugees in Ethiopia. (USPG/Leah Gordon)





## 'My dream is to cultivate more so I can earn enough to buy a cow.'

The Church of Bangladesh's Climate Change Adaptation Project (CCA) is helping marginalised communities respond to drought. Article by Mike Roy, Director of the Church of Bangladesh Social Development Programme.

If sea levels continue to rise due to climate change, by 2015 as many as 15 million people in Bangladesh may be forced to relocate - triggering what could be the largest migration in human history.

Meanwhile, erratic weather patterns and natural disasters, including drought in the north and flooding in the south, have led to food shortages affecting thousands of communities, with those who are marginalised being impacted on the most.

With support from USPG, we have been working with local farmers in impoverished communities to respond to the crisis and plan for the future.

Through our Climate Change Adaptation Project (CCA), we are helping communities to meet and share their concerns, then devise a response. This has involved providing training, establishing community development groups, and introducing sustainable technologies.

To address the urgent need for drinking

water and water for irrigation, new ideas being introduced include deep tube-wells, bottle-drip gardening for homestead agriculture, sand-filters for decontaminating pond water, and re-excavating silted ponds to create all-season reservoirs.

There is also a focus on lobbying the government to uphold constitutional rights for marginalised communities, most of whom belong to the discriminated against Dalit tribal group.

Initially, we launched a pilot programme in villages in the Chapai district, and we will be replicating what we learn throughout the Barrindra region.

People have appreciated our participatory approach and – despite many of the communities being predominantly Hindu – they find the church to be trustworthy and appreciate that we are willing to be alongside them so deeply, which we believe is the way of Christ.

### Ummenton's story

Ummenton, her husband and three children live in the village of Amnura Miapara, where their one-acre smallholding had become almost barren due to severe drought. The family tried to sell the land but couldn't find a buyer.

Through CCA, Ummenton learned about bottle-drip irrigation. The technology

is simple and efficient but uses little water, which is critical in a drought-prone environment. Ummenton was also taught about organic manures and natural pesticides, which are easier to obtain, cheaper and friendlier to the environment.

In five months, Ummenton's land was transformed, producing a higher yield than in the previous two years combined. Ummenton now has food to feed her family and extra produce to sell at market.

Little wonder, neighbours took note, and now the new simple technology is gaining in popularity, with many women in particular using this approach for homestead gardening.

Ummenton told me with great emotion: 'I'm very happy. In my local community development group I receive training and I've benefited a lot. My dream is to cultivate more so I can make enough money to buy a cow. This project has given us life and hope.'



**Opposite:** Ummenton with the bottle-drip irrigation system that has transformed her livelihood. (Church of Bangladesh)



Asura Khatun and a well built by the Church of Bangladesh, with support from USPG, in Alumpur, Bangladesh. (USPG/Leah Gordon)

## Take a stand against climate change today

We are partnering Hope for the Future in the UK to help you campaign for climate justice by lobbying your MP. For more details, visit [www.hftf.org.uk](http://www.hftf.org.uk)

Find out more about how we are working with the world church to tackle the impact of climate change at [www.uspg.org.uk/climate](http://www.uspg.org.uk/climate)





 UNITED SOCIETY  
PARTNERS IN THE GOSPEL

# SERVING THE WORLD CHURCH SINCE 1701

We are USPG. We are an Anglican mission agency working in partnership with local churches around the world. Together, we work with local communities to improve health, put children in school, tackle discrimination, nurture leaders, give a voice to women, and much more.

[www.uspg.org.uk](http://www.uspg.org.uk)

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## 'God bless those who supported this life-saving project.'

The USPG-supported Prevention of Mother to Child Transmission of HIV (PMTCT) programme in Chamwino District, Tanzania, is estimated to have saved the lives of 100 babies during 2015. Report by Frank Haji, Provincial Health Officer for the Church of Tanzania.

**W**e launched the programme in 2015. During the first year, we were very successful because we managed to see more women and children compared to the years previously before we received support from USPG.

I'd like to share the stories of Agatha and Flora, who are two of the many women who have been helped by this project to regain happiness.

### **Agatha's story**

Agatha, 37, is the mother of four children from three different relationships. She was first married at just 16 years. This marriage lasted five years before her husband left while she was nursing her first child.

A year later, she started a new relationship, which lasted ten years before her partner disappeared, leaving her with another two daughters.

Once again by herself, now aged 35 with three children, Agatha found a new partner.

Around a year later, now pregnant with her fourth child, Agatha started to feel unwell. She attended a family health clinic where she tested positive for HIV and was advised to invite her partner for testing. But her new partner refused and ran away.

Agatha was heart-broken. She later learned from a friend that her partner was a known case of HIV.

The clinic advised Agatha to attend the PMTCT clinic where she was put onto

anti-retroviral treatment (ARV) and nurses undertook all the necessary preventive measures for her expected newborn.

In April 2015, Agatha's baby was born and she was called Elizabeth. Later, Elizabeth underwent an HIV test and was found to be HIV-negative – the treatment had worked!

Agatha was happy beyond words. She is now living with her parents, who gave her a small farm to cultivate, and she has started breeding pigs.

When we asked what more the PMTCT programme could do, Agatha told us: 'Please give more health education in the community because there are many men and women practising an unsafe lifestyle and I fear many of them and their newborns will be vulnerable to HIV.'

### Flora's story

Flora married Michael in 1999 and today they have six children.

Last year, a PMTCT outreach team visited their village, Makang'wa. At the time, Flora was pregnant and, after counselling, she and

her husband agreed to be tested for HIV – and they both tested positive.

They were put on ARV. Michael stopped his treatment after three months, preferring to use traditional medicines instead, but Flora remained on the medication.

A few months later Zephania was born, and Flora was overjoyed when her baby son tested negative for HIV. However, she remained concerned about her husband, whose health was deteriorating.

Then, last December, the PMTCT outreach team again visited their village. The couple attended an HIV awareness meeting and received a home visit from a health worker. As a result, Michael decided to resume ARV treatment.

Flora is now happy again because she and her husband are both healthy, and her husband is working hard in their vegetable plot.

Flora said: 'My husband and I pray that we will live long and see our children grow up. God bless those who have supported this life-saving project.'



**Opposite:** Sayuni Novice House, a clinic for mothers and babies run by the Anglican Sisters of St Mary, South West Tanganyika, Tanzania. (USPG/Leah Gordon)



Agatha and one of her four children, in Makang'wa, Tanzania. (Church of Tanzania)

## Resources for World AIDS Day

We have produced a range of resources to help congregations better understand and prayer about the impact of HIV and AIDS around the world, including prayer and worship resources, a bible study, talk and PowerPoint material.

[www.uspg.org.uk/hiv](http://www.uspg.org.uk/hiv)





## 'No-one will say again I should stop my daughter's education.'

The USPG-supported Let My People Go programme was set up by the Church of North India to help families from marginalised Dalit communities set up income generation projects. Report by the Synodical Board of Social Services of the Church of North India.

### Sumathi's story

Life was difficult for Sumathi and her family. Her husband, a daily wage labourer, struggled to earn enough to feed the family, and Sumathi was struggling to do all the work in the home - this is a household without any home conveniences.

Neighbours advised Sumathi to send her eldest daughter to work to supplement the family income, but Sumathi insisted that both her daughters and her son would continue at school, believing that education might offer them a better future.

Then Sumathi heard about a self-help group for women being set up in her village, Durgabati in West Bengal.

She joined and met other women who were also yearning to change their circumstances. The group facilitator encouraged the women to consider how they might improve their income and empower their community.

Sumathi and four new friends decided to undergo training in organic vegetable cultivation - after which they shared what they had learned with the other women in the group.

Inspired, the group decided to work together to start growing aubergines. In November last year, the women took out a lease on a plot of land, bought seeds and equipment, and set to work, taking it in turns

to sell the produce at the local market.

They quickly earned enough to cover the cost of the lease, and within four months they were selling around 60kg of aubergines a week - their income exceeded the cost of their initial investment and they were all earning extra money for their families.

Exhilarated by their success, Sumathi and her friends are now encouraging others to do the same by talking about the success and challenges they faced at community forums.

Now Sumathi's group is expanding, planting chillies, cabbages and other vegetables. Life is finally a little easier.

Sumathi said: 'No-one will say again that I should stop my daughter's education and make her earn money. I'm very happy and thankful to those who trained and supported us in our work.'

### Baljinder's story

Baljinder works as a domestic servant, while her husband works as a farm labourer. They are what has been called debt slaves because

their employer is their landlord, and he pays such low wages that Baljinder and her husband could never imagine being able to repay him the money they owed in rent.

Baljinder is a Dalit and, like most of her neighbours in Dhanua village in Punjab, she was being exploited with no hope of living a dignified life as she struggled in silence to feed her four children.

Then the Let My People Go programme set up a self-help group in her village. Baljinder joined and has not looked back.

After receiving training and encouragement in the group, she is now running her own small business growing and processing date palm fruit, which are made into a popular local confectionary.

Baljinder says the experience has changed her life. She no longer has to work for the landlord and can imagine a better life for her and her family.

She said: 'I am thankful to God for this opportunity that was provided to me.'



**Opposite:** Members of a Let My People Go support group display their harvest. (USPG/Anne Bonger/Davidson Solanki)



A mother and daughter work the fields together in India. (USPG/Leah Gordon)





## 'Attitudes have been transformed from dependence to self-reliance.'

A new approach to development is inspiring communities in Zambia to tackle local issues using their own skills and resources. Report by Monica Masonga of the Zambia Anglican Council.

**T**he Church and Community Mobilisation Process (CCMP) is an approach to development that helps communities to take charge of their own lives, rather than relying on external help.

The Zambia Anglican Council has been promoting CCMP now for four years with great success.

The process begins with a series of

community bible studies during which participants are delighted to discover that each of them has gifts and skills and something to offer the community. Participants are then encouraged to work together to set up projects to boost income or improve the local environment.

After CCMP was introduced to the parish of St Barnabas and Michael, in Central

Diocese, lay reader Chrisphine Nguni realised he could start selling the grass that grew on his smallholding – a rare type of grass that is much in demand for roofing and making soft brooms.

Chrisphine employed local people to harvest the grass – creating jobs – then sold the grass to businessmen, making enough profit to buy six goats, poultry, and fertilizer to grow more of the grass. The Anglican Church's Agriculture Officer offered advice, and now Chrisphine also has plans to start a fish farm.

Church warden Mrs Mwelwa impressed by CCMP too. After the training, villagers were inspired to give their time and resources to build a new church.

She said: 'Before CCMP we depended on donor funding, but now people realise the importance of giving and sharing because they want to improve themselves rather than rely on outsiders.'

Also in Central Diocese, Judy Nankoje was surprised to see the impact of CCMP on her neighbours, so she decided to take part in one of the CCMP bible studies.

Until this point, Judy had been paying people money she couldn't afford to manage her smallholding. Judy decided she could do the work herself and started growing soya beans and groundnuts. With the money she saved she bought three beehives and started selling the honey. She then invested in 13 goats and is selling the milk. All of this means she no longer struggles to pay her children's

school fees.

Judy said: 'I realised God had created me for a purpose and put resources around me at my disposal.'

### Change in attitude

Another beneficiary of CCMP was Ezekiel Chipando, in the parish of St Barnabas and Michael. Like many men in his culture, and indeed around the world, he admitted he used to view his wife, not as a partner, but as a resource for earning money.

But through CCMP, he and his wife Evelyn embarked on a project utilising the trees on their smallholding to make and sell charcoal. With the profits, they bought fertilizer and were able to grow a healthy crop of maize.

They have bought goats, and their vision is to buy a farm and build a house with a permanent structure. Evelyn also goes to market to sell the vegetables they grow.

The couple has been able to pay their children's school fees, and they give thanks to God by giving a tithe to their church.

Ezekiel says he has changed his attitude and sees his wife in a new light. This is an example of how CCMP can have a far-reaching impact on communities, improving relationships as well as livelihoods.

After training in CCMP, Christopher Mwila, a priest warden from Northern Diocese, summed up the experience by saying: 'I have realised that if people can come together with whatever resources they have, they can do wonders.'



**Opposite:** Eveline took part in an economic empowerment programme set up by the Anglican-run Agape Women's Group in Mwape, Zambia. (USPG/ Leah Gordon)

# Effective ministry requires a search for self-knowledge

Article by the Revd Michael A Clarke, D Min, Principal of Codrington College in Barbados.

In the Caribbean, education has lifted us out of the hardships of life in the fields, but has also lifted us out of the communities we came from, which we are called to serve.

Many proud parents, darkened by the heat of the sun, with hands transformed by hard labour, praised God that their sons and daughters were able to walk away to lead a different sort of life.

But have we abused this gift? Those who were educated sought to distance themselves from those parents and communities that made great sacrifices for them. This is a misunderstanding of the purposes of education.

The same goes for theological education. We are educated to return to the communities we left, but we return having been transformed into someone that no longer resembles the person we used to be.

Many young men (women have only recently been allowed into ordained ministry), who were vibrant in their communities and who rightly challenged the church, spent a few years in ordination training, then returned to their communities silenced and 'refined'.

Let me propose another way.

Theological education must start with an honouring of the self – not an idealised self that we dream to become. This means getting to know who we really are, as known by God.

In recent times, much has been written about the 'shadow self', which is not essentially evil or bad, but merely that which is unknown to the individual.



There is a serious need to explore this shadow self in an effort to understand what is at the core of our being. What is it that drives us when the lights are off and all have gone home? When all our masks are removed, who or what is left?

Those committed to this work of self-transformation are rendered of greater use to the communities they are called to serve.

This work requires that we critically reflect on the journey we have taken. How have our our relationships, hurts, celebrations and disappointments sculpted our lives, often without us realising?

Authority is rooted in having true knowledge of one's self, which means we can speak from our core. By contrast, so much of religion today is theatrics; we are entranced by the image and the show. Let's aim for grounded self-revealing and authentic storytelling, not empty dramatics.

Recently in church, I noted that for most of the sermon the preacher spoke loudly and in a commanding voice: these were the least effective moments of his message. It was only when he put aside the power-speaking and lowered his voice, slipping into his natural dialect and speaking from the heart that he was impactful. Unfortunately, such moments are rare in our churches.

# New resources from USPG

## **World AIDS Day resources**

Visit our website for new resources for World AIDS Day, including statistics and stories, ideas for liturgy and worship, talks and prayers, plus films and photographs.

[www.uspg.org.uk/hiv](http://www.uspg.org.uk/hiv)

## **Advent prayer card: Lighting the Advent candles**

This Advent, we are inviting churches to pray for mothers and children around the world as they light their Advent candles. Order our free Advent prayer cards for your congregation today.

[www.uspg.org.uk/advent](http://www.uspg.org.uk/advent)

## **Christmas Nativity drama**

We have written a special Christmas drama for use in an all-age service. It's fun and thought-provoking and free to download from our website.

[www.uspg.org.uk/advent](http://www.uspg.org.uk/advent)



## Lent study course for 2017: Living Authentic Life

This five-session study course explores what it means to be a disciple by looking at the Bible and drawing upon the experiences of Christians around the world.

Rather than offering definitive answers, the course provides an opportunity to investigate what discipleship means to us both personally and collectively.

As a result, we hope we might be able to live a more authentic life, being true to ourselves, true to those we meet, and true to God.

Read the course online at [www.uspg.org.uk/lent](http://www.uspg.org.uk/lent)

To order printed booklets, visit [www.uspg.org.uk/lent](http://www.uspg.org.uk/lent) or call 020 7921 2200.