

Free Grace Versus Free Will: John Wesley's Understanding of Humanity and His practice of Pastoral Guidance

Introduction

It has been claimed that one's conception of the humanity determines the fate of every theology.¹ This is true for John Wesley too. Wesley's understanding of humanity has not only affected his theological development, especially his Soteriology; it in turn impacted his practice of theology, in particular, his pastoral guidance to the thousands of "Methodists" in the British Isles almost throughout the entire eighteenth century. The latter is particularly true in the light of his concerned with practical Christianity, with the interplay of theology and the realities of daily life.²

How has Wesley understood anthropology in the light of his soteriology? How has the theology eventually play out in his practice of caring for the Methodists through his pastoral guidance? This paper seeks to response to these questions through an understanding of Wesley's soteriology and a brief survey of John Wesley's key 'productions' in the whole course of the revival movement of Methodism in the eighteenth century: sermons, letters, and the band/societies and class meetings.³ The project also seeks to correlate Wesley's soteriology and his practice of pastoral guidance as manifested in his voluminous letters, sermons and the instructions of the band/societies/class meetings.

The Totally Depraved Imago Dei and its Restoration

The Willful Rebellion of Humanity: Free will at play

¹ Gunnlaugur A. Jonsson, *The Image of God: Genesis 1: 26 – 28 in a Century of Old Testament Research*, (Lund, Sweden: Almqvist & Wiksell International, 1988), p. 1

² V. V. H. Green, *John Wesley*, (London, Great Britain: Thomas Nelson, 1964), p. 21.

³ Due to the limitation of time and space, the hymnals and the journals of the Wesleys are another rich resources for such endeavor, but are left out in this project.

In the first “university sermon” entitled “The Image of God” which he preached in November 15, 1730, Wesley deals with issue of Christian anthropology: the original design of human nature and the tragic consequences of the Fall.⁴ In this sermon Wesley explained that humanity was created by God and in His image (cf. Gen. 1: 26 – 27). Humanity is grasped only in relationship with God. As such he or she bears a Godlikeness or a relationship to God, notwithstanding his fallen nature.⁵ Wesley named three areas in the original creation of humanity in which the image of God was manifested. First, humanity possess ethical and unerring understanding where they are able “to distinguish truth from falsehood,” “stranger to error doubt,” “having just, clear and swift understanding”. Secondly, humanity possessed perfect will. They are filled with the unrivaled love of God. Thirdly, humanity possessed perfect freedom. They are free to choose and their choice was to determine them in all things.⁶ In 1781, Wesley wrote another sermon “The End of Christ’s Coming” where he named immortality, spirituality, understanding, affection, and the freedom of the will of humanity as *natural image* and termed the righteousness and true holiness as *moral image*.⁷ He further classified human’s governing power over the creation as the *political image* in another two sermons: “The New Birth” and “The General Deliverance.”⁸

⁴ Albert C. Outler & Richard P. Heitzenrater, ed. *John Wesley’s Sermon: An Anthology*, (Nashville, TN: Abingdon Press, 1991) p. 13.

⁵ Ho Peng Khoo, “John Wesley and The Imago Dei”, *Term Paper for John Wesley’s Theology and The Imago Dei* (21-951A) Spring 2004, p. 2.

⁶ “The Image of God,” Albert C. Outler & Richard P. Heitzenrater, eds. *John Wesley’s Sermons: An Anthology*, (Nashville, TN: Abingdon Press, 1991), p. 15ff.

⁷ “The End of Christ’s Coming”, Albert C. Outler. Ed. *The Bicentennial Edition of The Works of John Wesley Edition, Vol. II*, (Nashville, TN: Abingdon Press, 1985), pp. 474 – 476. There after, eg. *The Bicentennial*, II:474 – 476.

⁸ Cf. “The New Birth”, Albert C. Outler, Ed. *The Bicentennial*, II: 188; “The General Deliverance”, *The Bicentennial* II:436 – 450.

Wesley preached that in the perfect original condition, all the three aspects of humanity function with happiness and it is a joy to live. Humanity came forth from the hand of his Creator, then, was a free, rational, holy, righteous, steward, but not immutable.⁹ In his own words,

God created man, not only in his natural, but likewise in his moral image. He created him not only in knowledge, but also in righteousness and true holiness. As his understanding was without blemish, perfect in its kind; so were all his affections. They were all set right and duly exercised in their proper objects, and as a free agent, he steadily chose whatever was good...

Wesley believes that it was basically the unbelief of humanity which brought forth actual sin.¹⁰ He described the fall as the willful rebellion on human's part,¹¹

Adam, in whom all mankind were then contained, freely preferred evil to good. He chose to do his own will rather than the will of his Creator. He "was not deceived", but knowingly and deliberately rebelled against his Father and his king.

In his sermon *Original Sin*, based on Gen. 6:5, John Wesley postulated in the fallen state, humanity is in a totally depraved condition. The marks of this depravation (or original sin, as Wesley called it) are atheism, idolatry, pride, self-will, and love of the world.¹² In other words, humanity in the fallen state is totally alienated from God. He also uses the medical term (qua Augustine and perhaps the medical science of his time) of "disease" to describe this sin-sick situation. In his language, the whole human race is wounded and diseased and needs a Physician. Christ is the "great physician of souls [who] applies medicines to heal this sickness."¹³

The Prevenient Grace of God in Christ: Free Grace at play

The controlling factor in Wesley's theology is a soteriological, anthropological emphasis upon God's grace to all humanity as "diseased" sinners, totally depraved and totally alienated from God ("dead" is also the word used to describe the separation from God). Death become a

⁹ Irwin W. Reist. "John Wesley's View of man: A Study In Free Grace Versus Free Will" *Wesleyan Theological Journal* Volume 7 No. 1, Spring 1972, p. 27.

¹⁰ "On the Fall of Man", Albert C. Outler. Ed. *The Bicentennial*, II:403.

¹¹ *Ibid.*

¹² "Original sin", Albert C. Outler. Ed. *The Bicentennial*, II:185.

¹³ "Justification by faith", Albert C. Outler, Ed. I:192, also in "Original sin", Albert C. Outler, Ed. II:184.

punishment for the sin of Adam who was in some way the representative of all human being (cf. 1 Cor. 15:22). According to Wesley, “In one sense, indeed, Adam’s sin was not ours. It was not our personal fault, our actual transgression. But in another sense it was ours; it was the sin of our common representative...”¹⁴ In this way, Wesley also argued that although death affected all humanity, spiritual or eternal death is inflicted only for actual sins. It is each individual’s sins which bring condemnation. He said, “[...] I believe none ever did, or ever will, die eternally, merely for the sin of our first father.” It is therefore clear that original sin cannot destine us to eternal destruction contrary to our own will. We died in our own sinfulness, totally unable to deliver ourselves and in need of God’s grace. In the corrupted fallen state, the natural image was marred. Humanity is confused and often in error; his or her will was affected by devilish passions. The political image was also lost in part. His or her moral image was totally lost.

Talking about the this condition, Wesley contended,

[...] The life of God was extinguished in his soul. The glory departed from him. He lost the whole moral image of God, righteousness and true holiness. He was unholy; he was unhappy; he was full of sin, full of guilt and tormenting fears. [...] Thus was his soul utterly dead to God! And in that day his body likewise began to die; became obnoxious to weakness, sickness, pain --- all preparatory to the death of the body, which naturally lead to eternal death.¹⁵

This soteriological, anthropological emphasis therefore must begin with grace. For Wesley, ‘grace’ given by God is the very act of God himself. It is his loving personal Presence at work in our lives.¹⁶ It is the blessings or divine unmerited favor or approval.¹⁷ Wesley however also defines grace in another way:

‘By the grace of God’ is sometimes to be understood that free love, that unmerited mercy, by which I, a sinner, through the merits of Christ am now reconciled to God. But in this place it rather means that power of God the Holy

¹⁴ “The Doctrine of Original Sin” cf. Thomas Jackson, *The Works of John Wesley Vol. IX Letters and Essays*, (Grand Rapids, Michigan: Zondervan, 1958), p. 418.

¹⁵ “The End of Christ’s Coming”, Albert C. Outler & Richard P. Heitzenrater, eds. *John Wesley’s Sermons: An Anthology*, (Nashville, TN: Abingdon Press, 1991), II:446.

¹⁶ “Fall of Man”, Albert C. Outler, Ed. *The Bicentennial*, II:411, cf. 1 Cor. 15: 22; Rom. 5:18.

¹⁷ “Salvation by Faith,” Albert C. Outler, Ed., *The Bicentennial*, I: 126.

Ghost which 'worketh in us both to will and to do of his good pleasure'. As soon as ever the grace of God (in the latter sense, the power of his Spirit) takes place therein. And now we can perform, through God, what to man was impossible.¹⁸

So understood, grace is simply the salvific power of God given to all who believe; it is the power of the Holy Spirit given to believers for obeying Christ. This grace of God through the atonement which Christ Jesus first made for salvation is the precondition to deliver human from sin's enslaving power. It is called the Prevenient grace. Prevenient grace simply refers to the grace of God that goes before or precedes any movement of man toward God. Grace flows from the Father's self-giving love for lost humanity (John 3:16-18), and is mediated through the active life and obedient death of the Son. The Holy Spirit administers the finished work of the Son through his convicting, converting, regenerating, and justifying work in the hearts of repentant sinners (John 16:8-11).¹⁹ In Wesley's theological discourse, Prevenient grace of God is common to all. It is a definite kind of grace given to all in order that humanity may be excluded from the natural state, where one is no longer exclusive of God's grace.²⁰ In this understanding, Prevenient Grace is irresistible. Furthermore, Wesley also believed in the continual activity of God in one's life, i.e. the Prevenient grace sensitizing and inviting us to response to the salvific act of Jesus Christ.²¹ This suggests that human may either choose to respond to, ignore or resist this activity. It also implies that Prevenient Grace, so understood, is resistible. This grace is freely offered by God to all humanity but in the context of Wesley's *via salutis*, it is not sufficient to bring humanity to the justification of God. The justification of God required a person to response to the Holy Spirit's present work in his or her life, and consequently one

¹⁸ "The witness of our own Spirit", Albert C. Outler, Ed., *The Bicentennial*, 1:309, (also, cf. Sermon "The Good Steward", Albert C. Outler, Ed. *The Bicentennial*, II: 286)

¹⁹ Steve Watzki, *A Preliminary Defense of Prevenient Grace*, <http://www.imarc.cc/pregrace/v18n2watzki.html>

²⁰ Wesley used "natural state" in his sermon "Original Sin" to describe one who is exclusive of God's grace. Wesley also pointed out in his "On Working Out our Own Salvation" that there is no one who is actually left in the natural state because no one is excluded from the Prevenient grace of God.

²¹ Randy L. Maddox. *Responsible Grace: John Wesley's Practical Theology*. Nashville, TN: Kingswood Book, 1994, p. 90.

might display righteousness in one's life. The free will and thus the responsibility that comes with it come into play.

Maddox has rightly pointed out that Wesley's practical-theological concern is for responsible Christian growth in response to God's grace.²² Although Wesley emphasized the sufficiency of Christ atonement for the whole humanity, he did not agree that it is irresistibly imposed upon any person.²³ Wesley was careful to reject the improper theological understanding of justification by the imputation of Christ's righteousness. As Wesley has said:

You know how God wrought in your own soul when he first enabled you to say, "The life I now live, I live by faith in the Son of God, who loved me, and gave himself for me." He did not take away your understanding, but enlightened and strengthened it. He did not destroy any of your affections; rather they were more vigorous than before. Least of all did he take away your liberty, your power of choosing good or evil; he did not force you; but being assisted by his grace you ... chose the better part.²⁴

In other words, God's grace works powerfully, but not irresistibly and it is co-operant. God empowers each human his or her "response-ability", without overriding his or her responsibility.²⁵ But what exactly is our responsibility? Wesley's 1748 sermon on "The Great Privilege of Those who are Born of God" define this "responsibility" as a "spiritual reaction" to God's Spirit acting in one's life. Within the sphere of grace, it is a sinner's reflexive response. Wesley has worked out very well in his practical theology the tension between the grace of God and the free will response of human. His concept of 'sanctification' as "growth in grace" and "going on from grace to grace" is another excellent way of demonstrating the constant need of human response to the grace of God. Without the response on human part, the grace as God's activity in our lives remains the gift yet to be claimed. This understanding is well played out in pastoral guidance he offered in his ministry and the spiritual formative programs he has

²² Randy Maddox, op. cit., p. 104.

²³ Ibid, p. 105.

²⁴ "The General Spread of the Gospel," Albert C. Outler, Ed., *The Bicentennial*, II:489.

²⁵ Randy L. Maddox. Op. cit., p. 55 & p.86.

implemented for the spiritual life of the Methodists, which will be discussed in the latter part of this paper.

While Wesley affirmed the grace of God at work in the lives of all, he too believed in the free will response from each individual. He knew that since freewill is given to all, along the *via salutis* there is the possibility of regression. One could choose to respond to receive or reject the justifying grace of God (the work that God has done “for us”) to begin this salvific journey. Along the journey, from time to time, one could still choose not to love God or neighbors (or sanctification, the work that God has done “in us”). Maddox has pointed out that in this respect, Wesley was contrary to the reformed scholastics “who argue that a person’s justification is instantaneously complete and irreversible, it cannot be endangered by lack of subsequent growth in holiness.”²⁶ Thus Wesley saw the need for intentional and purposeful pastoral guidance in order that one may continue to walk along the *via salutis*.

Of course Wesley’s soteriological *telos* was none other than the restoration of the Imago Dei. In his sermon “On Predestination”, Wesley used three key words which he continued to pursue to theologize his understanding of the restoration of the Imago Dei: “justified”, “sanctified” and “glorified”. Later in this sermon, Wesley equated the restoration of the Imago Dei to sanctification, in which one shall be saved from all inward and outward sin into all inward and outward holiness.²⁷ In other words, for Wesley, sanctification brings about a real and gradual ‘therapeutic’ moral transformation. While faith is the mark of justification, love is the mark of sanctification. Love is the supreme goal toward which the life of faith is directed.²⁸ In Wesley’s understanding, one will experience ‘entire sanctification’, a perfection of love moment

²⁶ Randy L. Maddox, *op. cit.*, p. 158.

²⁷ “On Predestination”, Albert C. Outler, Ed., *The Bicentennial*, II: 416.

²⁸ Theodore Runyon, *The New Creation: John Wesley’s Theology Today*, (Nashville, TN: Abingdon, 1998), p. 86. Also cf. John Wesley, “The Law Established through Faith, II”, Albert C. Outler, Ed. *The Bicentennial*, II: 38.

by moment.²⁹ It is promised to every Christian and the power of Holy Spirit could take totally fallen human beings and over time completely restore in them the image of God, such that they would fully love God and their neighbor as God has loved them in Christ.³⁰ However, Wesley also argued that people who had experienced entire sanctification sometimes fell from that state, and some of these subsequently recovered it.³¹ Entire sanctification does not assured immunization from sin. Wesley said, “Christian perfection [...] does not imply [...] an exemption either from ignorance or mistake, or infirmities or temptations. Indeed it is only another term for holiness. [...] Yet we may, lastly, observe that [...] is there any absolute perfection on earth.”³²

In the light of such theological discourse, Wesley was made aware of the possibility of backsliding along the path of salvation toward a life of loving God and neighbor. He intentionally and purposeful provide pastoral guidance to the life of all the Methodists to reduce that possibility. Wesley continues to guide his fellow “Methodists” by holding firm to the tension between resisting “the work of man” as means to salvation and the responsiveness of all to the grace of God. In his sermons and letters and instructions given to the bands, societies or class meetings, he never fails to promote such guidance toward Christian Perfection. The will be discussed in the following chapters.

Wesley’s spiritual formation and pastoral guidance

²⁹ John B. Cobb, *Grace & Responsibility: A Wesleyan Theology for Today*, (Nashville, TN: Abingdon, 1995), p. 106, and John Wesley, “A Plain Account of Christian Perfection”, Thomas Jackson, Ed. *The Works of John Wesley* Vol. 11, (Grand Rapids, Michigan: Zondervan, 1958), p. 420ff; John Wesley, “Brief Thoughts on Christian Perfection”, Thomas Jackson, *Ibid.*, 11: 446f.

³⁰ Henry H. Knight III, “Consider Wesley”, Joel B. Green, Ed., *Catalyst: Contemporary Evangelical Perspectives For United Methodist Seminarians*, vol. 30, No. 4, April 2004, p. 7.

³¹ John Wesley, “A Plain Account of Christian Perfection...”, *op. cit.*, 11: 426 – 427.

³² John Wesley, “Christian Perfection”, Albert C. Outler, Ed., *The Bicentennial*, II: 104 – 105.

Steve Harper in his works has demonstrated how spiritual formation concerns were central in the life of John Wesley and in early Methodism.³³ Although this is not the focus of this project, Wesley's spiritual formation must have impacted the way he provided pastoral guidance to the whole Methodist Movement. A survey of all his works will inform us how his past familial experience has shaped him in his pattern of pastoral guidance. For example, Wesley's upbringing and the mentorship he had received from his mother has contributed to his later practice of guidance. In a letter to his mother, he said, "If you can spare me only that little part of Thursday evening which you formerly bestowed upon me in another manner, I doubt not but that it would be as useful now for correcting my heart as it was then for forming my judgment."³⁴ It is this kind of upbringing which instilled a spirituality in John Wesley which served as a formative example as he provide guidance. Although Wesley emphasized the use of the means of grace to promote spiritual growth, the spiritual heritage of his family has also provided him a realistic look at the different struggles of spiritual life without simply spiritualizing everything. There are many resources where Wesley used as "means" of providing pastoral guidance --- such as hymnals, pamphlets, journals, sermons, letters etc. In this paper, I have chosen three of Wesley's approaches to provide pastoral guidance: the sermons, the letters, and the life in the small groups (i.e. bands, societies and class meetings).

a. The sermons

The Sermons represent a part of Wesley's written understanding of God's redemptive work.³⁵

Wesleyans to this present day still believe that holiness of heart and life is essential to the

³³ Steven Harper, "John Wesley: Spiritual Guide" in *Wesleyan Theological Journal*, Vol. 20, No. 2 Fall 1985, p. 91. Also cf. Steven Harper's work *Devotional Life in the Wesleyan Tradition* (Nashville: The Upper Room, 1983).

³⁴ Frank Baker, Ed., *The Works of John Wesley*, (Letters: I), vol. 25, (Oxford: Clarendon Press, 1980), p. 329.

³⁵ RYAN N. DANKER, An Introduction (Thomas Jackson, editor) *The Sermons of John Wesley* 1872 edition, http://wesley.nnu.edu/john_wesley/sermons/intro.htm

Christian sojourn. Love perfected in the individual, mirrored after the example of Jesus, will always be a mainstay of a Wesleyan understanding. Wesley stated in his own preface to the Sermons, "I have accordingly set down in the following sermons what I find in the Bible concerning the way to heaven; with a view to distinguish this way of God from all those which are the inventions of men."³⁶ Wesley's aim was to preach the biblical gospel so as to lead people to live a life of Perfection that is at par with the Bible. In his General Rules of the United Societies, Wesley spelled out the fact that when the desire of salvation is "really fixed in the soul, it will be shown by its fruits."³⁷ As mentioned earlier in this paper, this is the love-perfected, sanctified life which Wesley believed to be taught in the Bible, a life bringing forth the fruits worthy of God. Elsewhere, in his discussion of ministerial functions, he said, "In order to build up the flock of Christ in faith and love, I am under a necessity of uniting them together, and of dividing them into little companies, than they may provoke one another to love and good works."³⁸ It is therefore not surprising that the Sermons which Wesley has preached were expected to move in this direction as to help the Methodists to live lives worthy of what he called "scriptural Christianity". Outler has rightly commended: "His [Wesley] sermons are bound to be misread unless they are understood as experimental statements and restatements of his vision of the Christian life."³⁹

³⁶ Ibid., cf. Outler, C. Albert. ed. *The Bicentennial*, I:106.

³⁷ John Wesley, "The Nature, Design, And General Rules of the United Societies," Thomas Jackson, Ed. *The Works of John Wesley, Vol. III Address, Essays, Letters* (Grand Rapids, Michigan: Zondervan Publishing House, 1872), p.270

³⁸ John Wesley, "Prophets and Priests," in Albert C. Outler & Richard P. Heitzenrater, Ed., *John Wesley's Sermons: An Anthology*, (Nashville, TN: 1991), p.545.

³⁹ Albert C. Outler, *John Wesley's Sermons: An Introduction*, (Nashville, TN: Abingdon press, 1991), p.104

A survey of the titles and content of his more than 150 sermons, about two-third of them could be categorized as doctrinal/salvation.⁴⁰ This is one of Wesley's key ways of guiding the Methodists to experiencing the scriptural doctrine of salvation. Wesley believed that preaching the sermons and eventually through the work of the Holy Spirit will open the "spiritual senses" of a person so that he or she may begin to feel the workings of the Spirit of God in his heart; to taste and to see how gracious the Lord is; to hear the word that proceeds out of [God's] mouth, allowing them to take charge of his thoughts, words, and actions; and to discern the spiritual good and evil. Wesley summed out all these figurative expressions with the expression "faith".⁴¹ This is the primary way of providing guidance to help a person to be changed from spiritual death to spiritual life. Preaching becomes a means of pastoral guidance to initiates the potential of faith, which in turn makes up the defects of the "spiritual senses".

Another significant theme of the sermons is that which I called "Christian Living". Out of the more than 150 sermons, about 37 of them could possibly be classified under such category. As I have argued that Wesley's *telos* of spreading the scriptural holiness was eventually to see people turning to God and be transformed to an entirely sanctified life to love God and neighbor. Wesley's ways of working toward this goal is via what he termed the means of grace, which included two broad categories: "work of piety" and "work of mercy". In defining these two separate categories, Wesley postulated that religious actions are commonly termed works of piety (e.g. prayer and fasting, searching the scriptures by reading, hearing and meditating upon it; receiving the Holy Communion); and works of charity or mercy are goods works such as

⁴⁰ cf. Appendix 2 Categorizing Wesley's sermons based on Albert C. Outler ed. *The Works of John Wesley Vol. 1 - 4*, Nashville, TN: Abingdon Press, 1985.

⁴¹ John Wesley, "On Living without God", Albert C. Outler & Richard P. Heitzenrater. *John Wesley's Sermon: An Anthology*, op. cit., p. 570.

almsgiving. Wesley firmly believed that these are ordinary channels whereby [God] might convey to men preventing, justifying, or sanctifying grace.⁴²

Wesley strongly emphasized that these are “means ordained of God as usual channels of his grace” and warned that these means could be easily be mistaken as the end if love of God is not the motive and the end.⁴³ In his own words, “[...]some [...] mistake the means for the end, and to place religion rather in doing those outward works than in a heart renewed after the image of God.”⁴⁴ Thus in providing pastoral guidance to live a sanctified life, Wesley’s emphasized the importance of “pure and holy intention” as the central theme to the *telos*. Wesley clearly explained in “Upon our Lord’s Sermon on the Mount Discourse the Sixth: Matthew 6: 1 – 15” that either works of mercy or piety (in this case, almsgiving or prayer), the ultimate end of these good works is “that they may glorify our Father which is in heaven.”⁴⁵ He further contended “*opus operatum*, the mere work done, profiteth nothing; that there is no power to save but in the Spirit of God, no merit but in the blood of Christ; that consequently even what God ordains conveys no grace to the soul if you trust not in him alone.” Wesley’s emphasis is still “to use all means as means; as ordained, not for their own sake, but in order to the renewal of your soul in righteousness and true holiness.”⁴⁶

While guiding the Methodists through the means of grace, Wesley noticed their “psychological needs”. Wesley did not spiritualize the body and the emotions. Although Wesley did not directly use the term ‘psychological needs’, he did make room for the possibilities of problems facing the emotions of each individual. In explaining about the perfection of Christians,

⁴² John Wesley, “The Means of Grace”, Albert C. Outler, ed. *The Bicentennial*, I: 381ff.

⁴³ *Ibid.*, I: 378 & 381.

⁴⁴ *Ibid.*, I: 378.

⁴⁵ John Wesley, “Upon our Lord’s Sermon on the Mount Discourse the Sixth: Matthew 6: 1 – 15”, Albert C. Outler, Ed., *The Bicentennial*, I:577ff.

⁴⁶ John Wesley, “The Means of Grace”, Albert C. Outler, ed. *The Bicentennial Edition*, II: 396 – 397.

he did not exclude the possibility of “a thousand other infirmities”. He further commended that “[...] A thousand infirmities in consequence of this will attend my spirit till it returns to God who gave it.”⁴⁷

Several sermons from the 37 mentioned earlier will be helpful to illustrate how Wesley has provided pastoral guidance for those who were having psychological needs. One of these sermons is “Wandering Thoughts”. Like the many in the eighteenth century who employed the scientific quest for knowledge, his first *define* wandering thoughts. Wesley lists the *possible sources* of wandering thought. Wesley pointed out that multitudes of outward impulses could give rise to our wandering thoughts. Wesley recognized that there are wandering thoughts that come from a diseased body: nervous disorder. He was prepared to point out the possibility of evil spirits at work, which many contemporary Christians were less likely to accept as a possible reason.⁴⁸ He went on to describe how this “wandering thought” could possibly affect our *relationship* to God in the light of the goal of a sanctified life. Those which possibly affected this relationship were termed sinful. For example, thoughts which spring from a revengeful temper, from pride, or lust, or vanity which leave God no room in our minds are called sinful. Wesley explained that wandering thoughts coming from “infirm constitution or from some accidental weaknesses or distemper they are as innocent as it is to have a weak constitution or a distempered body.”⁴⁹ Wesley’s next important quest about the issue was to find *solutions*. To Wesley, one could pray for deliverance from those thoughts which jeopardize one’s relationship to God. But with regard to the latter sort of wandering thoughts coming from corruptible body, others and evil spirits, Wesley guided all who read or listened to his sermon to pray not for entire

⁴⁷ John Wesley, “On Perfection”, Albert C. Outler, Ed. *The Bicentennial Edition*, III: 73.

⁴⁸ John Wesley, “Wandering Thoughts”, Albert C. Outler, Ed. *The Bicentennial Edition*, II:129.

⁴⁹John Wesley, “Wandering Thoughts”, Albert C. Outler, Ed. *The Bicentennial Edition*, II:133.

deliverance (which he argued was only possible when a person died!) but that as one suffer with the reality of these infirmities, we may be conquerors and to increase our love for God and man.

In another sermon “Heaviness through manifold temptations”, Wesley was aware of “religious depression” with its psychological implications. His sermon was designed to provide pastoral guidance “to help believers avoid any further slide from depression into ‘darkness’ or sinful despair.”⁵⁰ Again we found Wesley began his discourse by *defining* the term ‘heaviness’. Heaviness was seen as a ‘normal’ thing where “[...] indeed almost all the children of God experience this in an higher or lower degree,” “a passion which every child of man is well acquainted with.”⁵¹ A person who experiences such heaviness is still in relationship with God and does not loss his or her faith, hope, joy and the power to over sin. He defined heaviness the continue-for-some-time emotion of “grief” which sinks deeply into the soul. It overshadows and presses upon one’s whole being and thus weakens it. Like the faithful scientific mind of the Enlightenment, Wesley then went on to **dig the “roots”** of this heaviness. Wesley again pointed out the “manifold” possibilities such as sickness and pain of body, good and evil spirits, long term illness, calamities, physical exhaustion, bereavement, and the attack from the evil ones. In line with his Scriptural understanding, Wesley also include the possibilities of God’s sovereign will for one to be in such heaviness when one sinned against God or when one is well aware of his or her own spiritual condition. One of Wesley’s ways of providing pastoral guidance is to relate the issue in the light of its **relationship to God**. What has heaviness to do with one’s relationship with God? Wesley listed the increase of faith, hope and love for God, and the holiness of life which brings glory to God. As Wesley put it:

⁵⁰ “An Introductory comment for ‘The Wilderness State’ and ‘Heaviness through manifold temptations’”, Albert C. Outler, Ed., *The Bicentennial Edition*, II: 202 – 204.

⁵¹ John Wesley, “Heaviness through Manifold Temptations”, Albert C. Outler, Ed. *The Bicentennial Edition*, II: 222, 225

There may be need of our being in ‘heaviness for a season’, in order to the ends above recited; at least in this sense, as it is a natural result of ‘manifold temptations’ which are needful to try and increase our faith, to confirm and enlarge our hope, to purify our heart from all unholy tempers, and to perfect us in love. And by consequence they are needful in order to brighten our crown, and add to one eternal weight of glory.⁵²

In his short conclusion, Wesley again provided a short and precise *solution* to the issue. He guides his hearers by urging them to watch and pray and strive not to fall into the darkness of unfaith. One needs not avoid heaviness of heart but to behave as guided and waited for the Lord to bring one into another season of life.

Another good example of how Wesley provided pastoral guidance is seen in his “The Cure of Evil-speaking”. The purpose of this sermon is geared toward holiness of heart where one could love his or her neighbor by not speaking evil of an absent person (or “talebearing” or “backbiting” in Wesley’s terms)⁵³. In so doing, one truly glorifies God. One would again suspect a pattern in the analysis of the last two sermons to appear in this work. Wesley began his sermon by giving the *definition* of the ‘evil-speaking’. Wesley went at length to spell out the details of the situations in evil-speaking and warn of how evil-speaking “gratifies our pride to relate those fault of others whereof we think ourselves not to be guilty” and it comes with a lot of negative unkind tempers.⁵⁴ Following Wesley’s pattern of pastoral guidance, the question of the *sources* and *causes* of such problem will naturally follow. Indeed, he pointed out that this comes from the sin of hatred, in order that one may “punish the wicked”. Wesley expounded Matthew 18: 15 – 17 to provide *solution* to such a problem in Christian living. Following the Matthew text, Wesley pointed out the first rule is to speak individually with the person whom one has found committing sin. He was sensitive to the fact that such approach requires not only boldness to speak truth but to be done in love and humility. A messenger or writing a note to the person

⁵² John Wesley, “Heaviness through Manifold Temptations”, Albert C. Outler, Ed. *The Bicentennial Edition*, II: 234.

⁵³ John Wesley, “The Cure of Evil-speaking”, Albert C. Outler, Ed. *The Bicentennial Edition*, op. cit., pp. 252 – 253.

⁵⁴ John Wesley, “The Cure of Evil-speaking”, Albert C. Outler, Ed. *The Bicentennial Edition*, II: 253.

could be used only when it is absolutely necessary. It is interesting to see how Wesley often thinks of the most practical way of reaching the goal of perfecting our love for God in our Christian living. He knew in the practical situation, there will be exception when speaking about others without his or her presence is necessary in the event when his or her plan to endanger others' property or life is known. Yet this is "only so much as is necessary for the end proposed."⁵⁵ When this is not workable, according to this biblical passage, one need to take one or two who truly care and are able to deal with the situation with love and humility. The last resort was to inform the "church", which Wesley taught of the leaders in the societies. Wesley did not miss another link of his pattern, viz. to talk about how this issue is related to a life of holiness. In his conclusion, he comes back to this issue and pointed out that love of God should be evident in this issue as love of neighbor. Nothing is more important than this telos.

Although the examples cited are not exhaustive, one began to observe a certain pattern of Wesley's pastoral guidance. Wesley explored those issues of Christian living very much the way his contemporary empiricists and scientists would have done in their methodology. Wesley attempted to begin with an "issue" of Christian living with his own "diagnosis", which included a detail definition of the issue. As far as he could, he tried to think of the manifold possibilities of the causes and sources of the problem. Like a scientist, his probe deep into the possible variables. At times, he went to the extent of listing the exceptions. Together with the plain language of his sermon, his pastoral guidance become clear and straight forward. He offered clear directions as to how a Christian could follow in order to live a life of holiness. The relationship with God: to love God and live before him a life of holiness --- entire sanctification or perfection of love continue to guide Wesley in his way of providing pastoral guidance.

⁵⁵ Ibid., II:257 – 258.

b. The Society, The Band and The Class meetings

i. The Society

Whitefield commented Wesley's genius in forming the class meeting. Wesley holds firmly to the conviction that each person is given the free grace and the free will to respond to God's salvation. But if one chooses to receive the grace of salvation, one is still having the potential to regress along the path of Christian perfection. He believed the necessity of guiding each individual to grow toward Christian perfection. Collins also echoed this fact: "[...] Wesley, being the astute pastoral counselor that he was, realized that individuals, left to their own devices would hardly progress in grace."⁵⁶ In fact in 1739 when Wesley was approached by several persons who asked him for additional instruction, which led to the formation of the society meeting, Wesley said:

If you will all of you come together every Thursday, in the evening, I will gladly spend some time with you in prayer, and give you the best advice I can. Thus, arose, without any previous design on either side, what was afterwards called a society.⁵⁷

In his 1789 sermon "Prophets and Priests", Wesley clearly spoke of his strategy for pastoral guidance through "little companies" for the purpose of "provoking one another to love and good works." This is the *telos* of a sanctified life.

Of course, one could argue that such class meeting was nothing new. In fact Wesley's father, Rev. Samuel Wesley, has organized and led religious society at Epworth well before the formation of London society.⁵⁸ Wesley indeed drew upon the earlier Anglican "religious societies" in several ways, such as written rules and content for the society, frequency of meeting

⁵⁶ Collins, Kenneth. *The Scripture Way of Salvation: The Heart of John Wesley's Theology*. (Nashville, TN: Abingdon Press, 1997), p. 61.

⁵⁷ The Works of John Wesley, Vol. 8, *A Plain Account of the People Called Methodists*, p. 250.

⁵⁸ David L. Watson. *Early Methodist Class Meeting: Its Origins and Significance*. Nashville: Discipleship Resources, 1985. p. 72.

and membership, strict discipline for attendance, and the caring for the poor.⁵⁹ Hardt argued that Wesley also drew upon his own personal experience of the “Holy Club” at Oxford University in establishing the Methodist societies such as regular prayer, Scripture study and discussion, and fasting. Through such meeting, Wesley was able to more effectively fostered and guide the Methodists to grow in their spiritual life. It is a means of grace. Pastoral guidance in this way is not only a personal one-to-one relationship; it also fostered through mutual care and concern in the group meetings of society. Mutual care thus became another pastoral guidance that aid the members in the class meetings to be motivated to live a life of love and holiness.

ii. The Band

In August 1738, Wesley went to Hernhut to visit the Moravian community. He was very impressed by the band meetings. He wrote in his Journal, “I greatly approve of your conferences and bands, of your method of instructing children, and in general of your great care of the souls committed to your charge.”⁶⁰ Wesley always has his own innovative way of using the information he has collected. He set up weekly band meetings in London and Bristol where members come for spiritual examinations. The leaders of the bands were spiritually more advanced than the others and they met weekly to discuss their members’ progress.⁶¹ In the Rules of the Band Societies that John Wesley has laid out, the members were asked

What known sin have you committed since our last meeting? What temptations have you met with? How were you delivered? What have you thought, said, or done, of which you doubt whether it be a sin or not? Have you nothing you desire to keep secret?⁶²

⁵⁹ Dr. Anthony Horneck, A German, who had been educated at Oxford University and ordained to the Anglican priesthood, had begun these small parish-based societies in 1678. cf. Philip F. Hardt, *The Soul of Methodism: The Class Meeting in Early New York City Methodism*. Lanham, Maryland: University Press of America, 2000, pp. 9 and 153.

⁶⁰ John Wesley, Journal Vol. 2, p. 496.

⁶¹ Philip F. Hardt, *The Soul of Methodism: The Class Meeting in Early New York City Methodism*. Lanham, Maryland: University Press of America, 2000, pp.13.

⁶² John Wesley, “Rules of the Band Societies Drawn up Decmeber, 1738,” in Thomas Jackson, Ed. *The Works of John Wesley*, vol. 8, op. cit., pp. 272 – 273. cf. David Francis Holsclaw, *The Demise of Disciplined Christian Fellowship: The Methodist Class Meeting in Nineteenth-Century America*, (Ann Arbor, MI: University Microfilm International, 1979), pp. 289 – 297.

Wesley was skillful to use organization structure to guide how the band members live their lives in the real world. This meeting becomes, for Wesley and his coworkers, the means for Christian discipleship. Although Wesley put in much effort to promote attendance, the band meetings remain poorly attended and soon after the death of Wesley, it ceased to be a motivating vision for the Methodists.⁶³ Nevertheless, the band meetings continue to be Wesley's ideal of providing pastoral guidance. "Wesley's ideal of a band society functioning as the heart of a Methodist society, providing guidance by examination and precept, stimulating the brethren to the whole heart pursuit of godliness [...]"⁶⁴

iii. The Class meetings

Unlike the society and band meetings which drew upon Anglican and Moravian resources, the class meeting developed entirely from events which occurred within the Methodist society in Bristol. Hardt argued that the class meeting were Wesley's original contribution in response to local events rather than a 'copy' of Gaston de Renty's class meetings among the Catholics.⁶⁵ A brief review of the original formation of class meeting will echo this argument.

In 1742 Wesley and several members were having a meeting to discuss ways of clearing the debt incurred in building the Bristol preaching house. One of the members suggested to divide the society into groups of twelve among those who lived near each other and to designate

⁶³ Philip F. Hardt, op. cit. p. 13. (cf. Hardt also cited Dean, William's dissertation on this matter.)

⁶⁴ Ibid. p. 15.

⁶⁵ Ibid. p. 157. Hardt highlighted Henry Bett's work "A French Marquis and the Class Meeting," *Wesley Historical Proceedings* 18 (1992), 44 – 47 where Bett argued that de Renty had influenced Wesley by his simplicity, detachment from material possessions and worldly pleasure, communion with God in prayer, and outreach to the poor (Wesley mentioned de Renty several times in his journal). Bett also noted that de Renty's religious-societies were more closely parallel to the society-classes of Methodism than the Anglican and Moravian style.

a leader to collect a weekly contributions of a penny each for the paying of the debt.⁶⁶ What started off with a financial function quickly began to fulfill a pastoral function. Wesley was alerted by the various difficulties which the members of the different classes encountered through such a small group contact and he seized the opportunity to turn this into a ministry of providing pastoral guidance through offering them counsel and encouragement. A stone kills two birds! Wesley believed this arrangement would greatly strengthen the pastoral oversight and in his *A Plain Account of the People called Methodists* he said, “I called them together all the Leaders of the classes (so we used to term them and their companies), and desired, that each would make a particular inquiry into the behavior of those whom he saw weekly.”⁶⁷

The class meetings were much less intense as compare to the band meetings, being a mixture of informality and firmness.⁶⁸ A typical meeting usually includes opening prayer and hymn. This will be followed by class leader self-disclosure of his or her spiritual condition before requesting the individuals in the group to participate in such accountability. There will be a time of encouragement, exhortation and correction with appropriate hymn singing.⁶⁹ This pattern of willfully sharing personal religious experiences and providing pastoral guidance was indeed a realization of Wesley’s *telos* for discipleship – a sanctified life where salvation is not just rational or sentimental; it should be put into practice in the mundane of life so that transformation becomes a reality. Wesley was also well aware of the weaknesses of these awakened Methodists to go back their own ways of life. He and other lay preachers worked out quarterly examinations for the classes in the circuit on their attendance and behavior. The leaders

⁶⁶ John Wesley, “A Plain Account of the People Called Methodists”, in Thomas Jackson, Ed., *The Works of John Wesley*, vol. 8, op. cit., p. 252. [also cf. David Lowes Watson, *Class Leaders: Recovering a Tradition*. (Nashville, TN: Discipleship Resources, 1991.) pp. 25 – 26.]

⁶⁷ John Wesley, “A Plain Account of the People Called Methodists”, op. cit., p. 252.

⁶⁸ David Watson, “Methodist Spirituality,” in Frank C. Senn, Ed., *Protestant Spiritual Traditions* (New York: Paulist Press, 1986), p. 212.

⁶⁹ David L. Watson. *Early Methodist Class Meeting: Its Origins and Significance*. (Nashville, TN: Discipleship Resources, 1985). p.115.

usually record attendance and evaluated and recorded the spiritual state of the members. In addition to this measure, a system of discipline was included where those whose discipleship was unsatisfactory did not receive class tickets to attend the weekly society and class meetings for the next quarter. Wesley even excluded some members. This again illustrates clearly how Wesley has attempted to even enforce certain strict discipline as a means to guide the Methodists toward the *telos* of his soteriology. .

c. The letters⁷⁰

One of John Wesley's unique and very productive literary works was the thousands of letters he has written which dated most part of the eighteenth century. John Telford commended:

The letters are an invaluable introduction and supplement to Wesley's Journal. They are less known and bring us into close touch with the men and women who labored with Wesley in all parts of the Kingdom and in America. They formed the most intimate portrait of Wesley we possess.⁷¹

A study through Wesley's postal ministry will certainly amazed us for the way he provided pastoral guidance through his correspondence in what Leslie Stephen commended as "straight to the mark, without one superfluous flourish, [...] as a man confined with the narrowest limits of time and space [...]".⁷² The letters also reflected what Outler has commented about Wesley: "[...] Wesley was more interested in speaking to the needs of any given moment than in formulating a generalized view that might cover a multitude of conceivable instances."⁷³ His correspondence covered almost any subjects under the sun. Frederick C. Gill in his edition of the selected letters of John Wesley said: "Wesley's interests were universal and as his letters showed, were sustained by an untiring faith, by a keen and lively intelligence and by a practical

⁷⁰ I will be utilizing a paper entitled "An Asian Reflection of John Wesley's Postal Ministry in The Light of His understanding of New Creation", a paper which I have written based on John Telford's edition of "The Letters of The Rev. John Wesley". This paper was presented for the theological discussion for the First Wesleyan Seminar organized by the World Federation of Chinese Methodist Churches, 2001.

⁷¹ John Wesley. *The Letters of The Rev. John Wesley, A.M. Vol. 1*, John Telford, ed. (London: The Epworth Press, 1931), p. xviii. (**Hereafter**, John Wesley. *The Letters*, 1: xviii).

⁷² *Ibid.*, p. xv.

⁷³ Albert C. Outler, *John Wesley's Sermon: An Introduction*, op. cit., p. 69.

benevolence and humanity.”⁷⁴ Telford record shows that from the earliest letters in the collection begin in 1721 and the highest totals reach 138 in 1788 and 144 in 1789, as Methodism progressed.

I am aware that there are different ways of reading and analyzing the letters. Samuel J. Rogal suggested a three-fold categories of reading the letters: (1) the ‘business’ letters, constituting the majority and emphasizing the practical side of John Wesley; (2) Letters to various women, demonstrating Wesley’s concern for and problems with the women in his life; (3) the “controversial” letters, thoroughly developed arguments permitting observation of Wesley’s methods for solving highly volatile issues, most of them challenges to British Methodism.⁷⁵ Wesley D. Tracy read the letters through the lens of spiritual guidance. He proposed that the letters of John Wesley were his spiritual guidance to the Methodists.⁷⁶ From the selected themes categorized from the indices of his 2760 letters edited by John Telford, I proposed a six possible general themes would suffice the postulation of pastoral guidance as stated above, though not exhaustive.⁷⁷ These themes included Doctrinal and Biblical Issues; Christian Living; Education, Science and Wisdom from the Past; Methodism, Societies and Mission; Church, Ecumenical; Others. This is a way of reading the letters through the lens that letters as a manifestation of the “religion of the heart” which Wesley has so dearly and firmly proclaimed through his lifelong ministry.⁷⁸ Below is a brief survey of each theme:

⁷⁴ Frederick C. Gill. Ed. *Selected Letters of John Wesley*. (New York: Philosophical Library, 1956), p. viii.

⁷⁵ Samuel J. Rogal, “The Elder Unto The Well-Beloved”: The Letters of John Wesley, *Journal of Religious Studies*, Vol. 7, No. 2 Fall 1979, p. 76.

⁷⁶ Wesley d. Tracy, “John Wesley, Spiritual Director: Spiritual Guidance In Wesley’s Letters, *Wesleyan Theological Journal* Vol. 23 No. 1 & 2 Spring Fall 1988, pp. 148 – 162.

⁷⁷ Ho Peng Khoo, “An Asian Reflection of John Wesley’s Postal Ministry in The Light of His Understanding of New Creation”, *First Wesleyan Seminar, WFCMC*. Taiwan, Taipei: World Federation of Chinese Methodist Churches, 2001, p. 13 – 22.

⁷⁸ I am also aware that the letters could be read as historical documents tracing the development of the British Methodism. In fact Telford divided the *Letters* into eight historical periods: Nov. 3, 1721 to Nov. 14, 1741; May 17, 1742 to Nov. 27, 1750; Feb.4, 1751 to Jan. 10, 1758; Jan. 16, 1758 to Feb. 28, 1766; Feb. 28, 1766 to Dec. 31,

i. Doctrinal and Biblical Issues

The doctrinal and biblical issues consisted one of the major portions of Wesley's correspondence.⁷⁹ A glance at the varieties of the topics confirms Wesley's letters covered almost all the fundamental topics in systematic theology, though they were never in neatly packaged formulas. With the strong conviction of providing pastoral guidance for the Methodists to live as truly Scriptural Christians, practicing the religion of the heart and attaining the role of Christian perfection, Wesley insisted of writing these issues in plain language as he has done for his sermons. He strongly felt that the scholastically way of dealing with the subject would obscure truth more than they revealed it. In a letter to Rev. Mr. Dodd concerning Christian Perfection, he insisted on making the meaning clear and plain:

The opinion I have concerning it [perfection] at present, I espouse merely because I think it is Scriptural. If therefore I am convinced it is not scriptural, I shall willingly relinquish it. I have no particular fondness for the term. It seldom occurs either in my preaching or writings [...] But I still think that **perfection is only another term for holiness, or the image of God in man.** (Feb. 5, 1756, Emphasis, mine)

Elsewhere Wesley also insisted a plain meaning of the Scripture for all the lay people. Without which, Wesley believed there was no way of guiding them to attain the religion of the heart, which is the scriptural faith of loving God and neighbor. In his own words,

I design plain truth for plain people: Therefore, of set purposes, I abstain from all nice and philosophical speculations; from all perplexed and intricate reasonings, and as far as possible, from even the show of learning, unless in sometimes citing the original Scriptures. I labour to avoid all words which are not used in the common life; and, in particular, those finds of technical terms that so frequently occur in which to common people are an unknown tongue.⁸⁰

Under the theme of Doctrinal and Biblical Issues, Wesley was particularly concern in guiding the members to attain perfection in their *via salutis*. Two letters dated Aug. 9, 1772 to

1773; Jan. 8, 1774 to Dec. 31, 1782; Jan. 2, 1783 to Dec. 27, 1787 and Jan. 8, 1788 to Feb. 24, 1791. The letter during these periods provides a lot of insights for the understanding of the movement's history.

⁷⁹ Cf. Appendix of the themes which I have categorized based on Telford indices of selected theme.

⁸⁰ John Wesley, *The Works of John Wesley Vol. V.*, (Grand Rapids, Michigan: Zondervan Publishing House, ?) p. 2.

Jane Salkeld and to Thomas Rankin on July 21, 1774 respectively well illustrated Wesley's emphasis:⁸¹

To Jane Salkeld . LEEDS, August 9, 1772. MY DEAR SISTER,--From the first time I conversed with you I loved you; and you know Love, like death, makes all distinctions void. [See letter of Feb. 15, 1769.] I want you to hold fast all that you have already received, and to receive more and more. The lot is fallen upon you in a fair ground. See that you still cleave to Him by simple faith. I hope my dear little maidens Peggy and Sally are not moved from their steadfastness. Exhort all the little ones that believe to make haste and not delay the time of receiving the **second blessing**; and be not backward to declare what God has done for your soul to any that truly fear Him. I hope you do not feel any decay; you are to sink deeper into His love, and rise higher into His likeness. And do not use any reserve to, my dear Jenny, Your affectionate brother. PS.--You may at any time direct to me in London. [emphasis mine]

EPWORTH, July 21, 1774. DEAR TOMMY,--In yours of May the 30th you give me an agreeable account of your little Conference in Philadelphia. I think G. Shadford and you desire no novelties, but love good old Methodist discipline and doctrine. I have been lately thinking a good deal on one point, wherein perhaps we have all been wanting. We have not made it a rule, as soon as ever persons were justified, to remind them of going on to **perfection**. Whereas this is the very time preferable to all others. They have then the simplicity of little children, and they are fervent in spirit, ready to cut off the right hand or to pluck out the right eye. But if we once suffer this fervor to subside, we shall find it hard enough to bring them again to this point.--I am, & c. [emphasis mine]

ii. Christian Living

The theme of Christian Living broadly covered three major aspects: physical, spiritual and moral (cf. Appendix "Christian Living" & "Medicine"). Wesley emphasized the need for all Christians to live according to the scripture. He affirmed in his journal that the word of God is the way to heaven and formed his guide for the moral, scriptural and physical well being of Christian living. In his letters to Dr. Conyers Middleton, dated Jan. 4, 1749, he wrote: "The Scriptures are a complete rule of faith and practice; and they are clear in all necessary points. And yet their clearness does not prove that they need not be explained, nor their completeness they need not be enforced." (2: 325).

Wesley realized the need to be spiritual director in his postal ministry to guide the spiritual formation of his members. He was well aware of their struggles and he discussed with them, directed them from the outward behaviour to the deepest emotion of a person. He dealt with the

⁸¹ http://wesley.nnu.edu/john_wesley/letters/1774.htm

topics of dress, busybodies, Christian prudence, ecstasies, emotion, fear, suffering, taxes, value of time, vanity, to name a few. Wesley directed them with the rule: “Keep close to your rule, the Word of God, and to your guide, the Spirit of God; and never be afraid of expecting too much.”⁸² His concern for a sanctified-perfected life knows no limit in the mundane of life. As a spiritual director, Wesley provides very open, straightforward and directive guidance. Christian perfection (or Entire Sanctification) was the central theme in Wesley’s preaching and teaching, the letters are saturated with this theme. Wesley often encourages two forms of spiritual guidance to Christian perfection: director-directee and mutual guidance.⁸³ In a letter for Frances Godrey, Wesley wrote, “It is a blessed thing to have fellow travelers to the New Jerusalem. If you cannot find any you must make them; for none can travel that road alone.”⁸⁴ Wesley D. Tracy demonstrated in her work that John Wesley’s spiritual guidance found in the Letters were marked with affection, reciprocal openness, encouragement and accountability. His letter to Ann Bolton on Feb. 13, 1768, where Ann was considering a proposed marriage was a good example:

To Ann Bolton .LONDON, February 13, 1768.MY DEAR SISTER,--The best and most desirable thing of all is that you should live and die wholly devoted to God, waiting upon Him without distraction, serving Him without carefulness, and studying one thing--to be holy both in body and spirit, an whole burnt sacrifice of love. If you have not steadiness and resolution for this, the next thing to be desired is that you may marry a man of faith and love, who has a good temper and a good understanding. The temptation you are now in was perhaps the most dangerous one you ever had in your life. God deliver you from that almost certain destruction which attends the being unequally yoked to an unbeliever!

Having intervene in her life, Wesley took a personal interest in the life of Bolton and over a period of 29 years he wrote her some 130 letters of spiritual guidance --- sanctification, suffering, service, to name a few.⁸⁵

⁸² Frank Baker, “John Wesley, Postal Pastor”, James S. Udy & Eric G. Clancy, *Dig or Die: Papers given at Wesley Heritage Conference. Sydney 1980*, (Australia: World Methodist Historical Society, Australian Section, 1981) p. 37.

⁸³ Wesley D. Tracy, “John Wesley, Spiritual Director: Spiritual Guidance In Wesley’s Letters”. *Wesleyan Theological Journal*, Vol. 23 No. 1 & 2 Spring Fall 1988, pp. 149.

⁸⁴ John Wesley, *The Letters*, 8: 158, Aug. 2, 1789.

⁸⁵ Wesley D. Tracy, op. cit., p. 153.

Despite Wesley's unfulfilled marriage, he continued to provide guidance to many regarding such issue. Wesley did not lock himself in that dilemma. Instead, for the sake of the Gospel, he reached out to them, to guide even more for the happiness of their marriages. His words to Mrs. Crosby regarding Ms. Bosanquet who has pressed to marry Mr. Taylor was especially authoritative:

I was much concerned yesterday when I heard you were likely to marry a woman against the consent of your parents. I have never, in an observation of fifty years known such a marriage attended with a blessing. I know not how it should, since it is flatly contrary to the fifth commandment. I told my own mother, pressing me to marry, "*I dare not allow you a positive voice herein; I dare not marry a person you bid me. But I must allow you a negative voice: I will marry no person if you forbid. I know it would be a sin against God.*"⁸⁶

In providing guidance through the letters, Wesley never ignores the importance of physical health (cf. Appendix of selected themes under "Medicine"). In his letter written in Dec. 31, 1767, he said: "Health we shall have, if health be best." John Wesley always offers very practical and healthy directives. He advise Lady Maxwell in his letter dated Feb. 23, 1767: "Exercise, especially as the spring comes on, will be of a greater sense to your health than an hundred medicines; [...]" And to Ann Bolton in Nov. 28, 1772, he said: "Too much attention to business (with the natural consequence of it), too little exercise in the open air, you may expect will always bring back your headache." He also repeated the phrase he gave to Ann Bolton to many others "[...] for one fit of sickness would take up more time than an hundred little rides." To Samuel Furly, he said: "You must, absolutely must, find time for exercise, otherwise you are penny wise and pound foolish. For one fit of sickness will cost you more time than you have saved in several years."

"Eating meat in moderation, fruit and vegetables in abundance," was Wesley's common prescription of diet. This prescription might even be approved today! In his letter to his mother,

⁸⁶ Wesley D. Tracy, op. cit., p. 43.

he even emphasized of two pint of water and some wine daily will be most help (Nov. 1, 1724). His prescription often includes diet, medicine and exercise.

iii. Education, Science, Wisdom From The Past

Wesley was enthusiastic to provide education to the young people of his time. His enthusiasm was frequently shows up in his letters. Through his letter writings, he was able to discuss and guided the formation of Kingswood School with his coworkers such as James Hutton, Ebenezer Blackwell and George Whitefield.⁸⁷

He was keen in pursuing knowledge of all kinds. His taste for scientific knowledge was something that is unusual. In his pastoral letters, his subjects on science ranges from astronomy, building, earth, moon to candle making, electricity and even Isaac Newton and Psythagoras!⁸⁸

One could not cease to admire Wesley's knowledge of the church fathers. It was at his fingertips when he dealt with the controversies. He was able to quote Jonathan Edward's A Faithful Narrative of the Conversion of many hundred souls in Northampton to account for the ecstatic conditions of revival where people fell down, cried out and violently affected.⁸⁹

iv. Methodism, Societies, Mission

A large proportion of Wesley's letters during his middle and later years were concerned with the development and well being of his societies. He needed to take care of a whole team of itinerant preachers and lay preachers. "By means of his letters, he guided his preachers' studies and their matrimonial ventures. He also sent them books and advanced them money. He advised them on their preaching, especially along the lines of a letter to Thomas Rankin, he said:

⁸⁷ John Wesley, *The Letters*, op. cit., 1: 292f, 302, 305, 313 etc.

⁸⁸ cf. Appendix on "Science" for the catagorized selected themes based on the themes of the *Letters*.

⁸⁹ John Wesley, *The Letters*, op. cit., 7: 207 Jan. 21, 1784.

“likewise be temperate in speaking --- never too loud, never too long.”⁹⁰ His pastoral guidance did not limit to the lay people but also the leadership. It was precisely this kind of personal touch and care through guidance which eventually help his teams of preachers to more effectively spread the scriptural holiness. In fact, as the movement grows, much of the advancement of Methodism and the enforcement of the disciplines for both preachers and laities were done through his postal guidance. Large volume of letters was especially written to direct his preachers pertaining to such matters. The letter he wrote to Joseph Benson on Feb. 22, 1776 was a typical example of his enforcement of discipline (in this case about the attendance of class meeting):

To Joseph Benson. NEAR LONDON, *February 22, 1776*. DEAR JOSEPH,--We must threaten no longer, but perform. In November last I told the London Society, ' Our rule is to meet a class once a week, not once in two or three. I now give you warning: I will give tickets to none in February but those that have done this.' I have stood to my word. Go you and do likewise wherever you visit the classes. Begin, if need be, at Newcastle, and go on at Sunderland. Promises to meet are now out of date. Those that have not met seven times in the quarter exclude. Read their names in the Society, and inform them all you will the next quarter exclude all that have not met twelve times--that is, unless they were hindered by distance, sickness, or by some unavoidable business. And I pray without fear or favor remove the leaders, whether of classes or bands, who do not watch over the souls committed to their care ' as those that must give account.'--I am, dear Joseph, Yours affectionately.

His letter to Hannah Ball who began the Sunday School ministry in 1769 was another good example:

“I would not willingly grieve you. I love you too well, and have done for many years. I was disappointed both last year and this. Last year your preachers did less than I expected, and this year they have done more than I expected. Yes, and I trust you shall see greater things than these. The work of God has wonderfully revived in many parts of the nation. And I do not know why it should not revive among you also. Certainly you should look and ask for it. I am glad to hear so good and account of your sister; the more active she is the more her soul will live. I wanted to know what was become of those little maidens (Sunday Scholars), and trust some of them will bring forth fruit to perfection. As you have a peculiar love for children and a talent for assisting them, see that you stir up the gift of God, which is in you. If you gain but one of them in ten, you have a good reward for your labour.”

His frequent correspondences with individuals such as Ebenezer Blackwell, Joseph Benson, James Bennett, Ann Bolton, Mary Bosanquet, Adam Clarke, John Fletcher, John Volton, Lady Huntington were also evidences of how he provide guidance in order that they may be his hand and feet to reach out and minister to more.

⁹⁰ Frank Baker, *op. cit.*, p. 45.

v. *Church, Ecumenical*

Wesley defined the Church of Christ as “a company of faithful people, of true believers”, who have “the mind that was in Christ” and “walk as Christ walked”.⁹¹ In his letter to John Smith, he expounded his belief that ecclesiastical order is to bring souls from the power of Satan to God and to build them up in His fear and love. Orders which answer these ends are valuable.⁹² This again is none other than Wesley’s commitment to guide all to the heart religion of the restoration of human *imago dei* and to attain perfection in the Christian living. Wesley held firmly to this theological conviction and it continued to motivate him to take that brave steps to preach in the open air, to take liberty to reform the church, to guide believers and even to go against the Church of England to ordain Dr. Thomas Coke for this commitment.

In his lifelong correspondence with many others, there were many other ecclesiastical issues range from clerical to worship, rules and discipline. ⁹³

vi. *Others*

Wesley was never tired of helping members of the societies and classes to deal with their estranged relationship. The Jasper Winscom and his son’s case was one among the many examples.⁹⁴ Reconciliation and forgiveness in relationship is an outward sign of an inward renewal. Wesley continued to write to guide and promote such holiness of life.

Another prominent theme is Wesley providing his pastoral guidance for social issues in his letter writing. His letter to William Pitt, First Lord of the Treasury regarding issues such as smuggling, evasion of taxes and slavery showed clearly his conviction of social holiness. ⁹⁵

⁹¹ John Wesley, *The Letters*, op. cit., 5: 245.

⁹² Ibid. 2: 77 – 78.

⁹³ Cf. Appendix “Church” & “Ecumenical”.

⁹⁴ John Wesley, *The Letters*, op.cit., 7: 192, 203.

⁹⁵ Ibid., 7: 234; 8:265.

Through his letter writing, he wanted to guide his coworkers to do the same. A good example is that of the termination of membership of some who smuggled in Newcastle society to leave the connexion and Wesley supported the move. He wrote earnestly: “[...]You did right in excluding from our society so notorious an offender ...Fear nothing. Begin in the name of God and go through with the work. If only six will promise you to sin no more, leave only six in the Society...you must at all events tear up this evil by roots...Go on, for God is with you.”⁹⁶

These different themes from the letters demonstrated Wesley’s commitment to the restoration of human imago Dei through proper guidance in almost all matters related to Christian day to day living. It makes sense for Wesley to see that every aspect of one’s daily life is inseparable from the goal of a sanctified life. A sanctified life is a holistic life where every aspect is intact and moving toward the *telos* of loving God and neighbor.

Conclusion

“If we turn to Wesley definitions of a Christian and of the nature of Christianity, or to his descriptions of a Methodist and of the nature of Methodism, we shall find sanctification the dominant conception. [...] Its essence is love.”⁹⁷ In the light of the above discussion, Linström’s claim is justifiable. Coming from Wesley’s own writing about love, he stated: “[...] the end of all the commandment of God. [...] the end, the sole end, of every dispensation of God, from the beginning of the world to the consummation of all things.”⁹⁸ Wesley sees Christianity particularly from the point of view of sanctification. Sanctification is regarded as an ethical

⁹⁶ Ibid., Oct. 22, 1778. 6:

⁹⁷ Harald Linström, *Wesley and Sanctification*, (Wilmore, Kentucky: Francis Asbury Publishing Co. Inc), 1980, p. 102

⁹⁸ John Wesley, “The Law Established through Faith: II”, Albert C. Outler, *The Bicentennial*, II:38.

transformation of heart and life of humanity to love God and neighbor.⁹⁹ As discussed in this paper, Wesley strived in all this evangelical pursuit to spread this “religion of love”. He tirelessly and purposefully provided guidance for his people, the Methodists of the British Isles in the eighteenth century. True to this conviction, his sermons, letters and the instruction given to the life of the small groups (bands, societies, class meetings), either on the personal or communal level, Wesley continued to point them towards the goal of a sanctified life. Wesley was also true to his scriptural conviction and was bold to take a more directive approach in guiding his people toward this *telos*. In his own theological framework, Wesley was convinced of the response-ability of each person to work of the Holy Spirit. He was further convinced of the possibility of the weakness along the path toward the goal of sanctification. He emphasized the means of grace and the many practical works of mercy and piety as the basic guidance to reach the goal. He was realistic and was ready to holding the tension of the grace of God in all these guidance with that of human response-ability and responsibility. One of the wisdom and legacy of Wesley’s pastoral guidance is perhaps his innovation in finding ways and means that were suitable and appropriate in his own context to guide his flock to a mature discipleship. His ingenious way of using particularly his written sermons to guide the Methodists to live a holy life not only benefited his generation but also ours. His letters reminded us of how he has overcome the kind of postal service of his time and the condition in which his letters written, we are convinced of his discipline, determination and most of all the conviction of providing pastoral guidance to the goal of loving God and neighbor. His instructions to the life in the small group provoked us to finding ways appropriate in our time and space to promote scriptural holiness in

⁹⁹ See his sermon “Scriptural Christianity”, Albert C. Outler, *The Bicentennial*, I: 159 – 180. In “The Way to the Kingdom”, Wesley summed up true religion as “righteousness” or “holiness” (which means loving God and fellow creatures) and “happiness.” (which comprises of peace, assurance of adoption, and joy in the Holy Spirit).I:218 – 232.

the lives of the twenty-first century Methodists. As Paul said: “We preach Christ, warning people not to add to the Message. We teach in a spirit of **profound common sense** so that we can bring each person to maturity.”(Col. 1:28, emphasis mine)¹⁰⁰

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¹⁰⁰ Eugene H. Peterson, *The Message: New Testament with Psalms and Proverbs*, (Colorado: Navpress, 1993), p. 500.

Christian Perfection
 Heaviness through manifold temptations
 Justification by faith
 Original sin
 On Living without God
 On Perfection
 On Predestination
 On the Fall of Man
 On Working Out our Own Salvation
 Prophets and Priests
 Salvation by Faith
 The Cure of Evil Speaking
 The End of Christ's Coming
 The General Spread of the Gospel
 The Good Steward
 The Image of God
 The General Deliverance
 The Law Established through Faith, II
 The Means of Grace
 The New Birth
 The Way to the Kingdom
 The Wilderness State
 The witness of our own Spirit
 Upon our Lord's Sermon on the Mount Discourse the Sixth
 Wandering Thoughts

Wesley's Essays/Addresses

A Plain Account of Christian Perfection
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Appendix 2

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Doctrinal/Salvation

Vol. 1

Salvation by Faith (Eph. 2:8)

The Almost Christian (Acts 26:28)

“Awake, Thou That Sleepest) (Eph. 5:14)

Scriptural Christianity (Acts 4:31)

Justification by Faith (Rom. 4:5)
 The Righteousness of Faith (Rom. 10: 5 – 8)
 The Way to the Kingdom (Mark 1: 15)
 The First-fruits of the Spirit (Rom. 8:1)
 The Spirit of bondage and of Adoption (Rom 8:15)
 The Witness of the Spirit, Discourse I (Rom. 8:16)
 The Witness of the Spirit, Discourse II (Rom. 8:16)
 The Witness of our own Spirit (2 Cor. 1:12)
 On Sin in Believers (2 Cor. 5:17)
 The Repentance of Believers (Mark 1: 15)
 The Great Asszie (Rom. 14:10)
 The Means of Grace (Mal. 3:7)
 The Circumcision of the Heart (Rom. 2: 29)
 The Marks of the New Birth (John 3:8)
 The Great Privilege of those that are Born of God (1 John 3:9)
 The Lord Our Righteousness (Jer. 23:6)

Vol. 2

The Original Nature, Properties, and Use of the Law (Rom 7:12)
 The Law Established through Faith, Discourse I (Rom. 3: 31)
 The Law Established through Faith, Discourse II (Rom. 3:31)
 The Nature of Enthusiasm (Acts 26:24)
 Christian Perfection (Phil. 3:12)
 Satan's Devices (2 Cor. 2:11)
 The Scripture Way of Salvation (Eph. 2:8)
 Original Sin (Gen. 6:5)
 The New Birth (John 3:7)
 Self-denial (Luke 9:23)
 The Reformation of Manners (Ps. 94:16)
 On Eternity (Ps. 90:2)
 On The Trinity (1 John 5:15)
 God's approbation of His Works (Gen. 1:31)
 On Predestination (Rom. 8: 29 – 39)
 God's Love to Fallen Man (Rom. 5:15)
 The General Deliverance (Rom. 8: 19 – 22)
 The Mystery of Iniquity (2 Thess. 2: 7)
 The End of Christ's Coming (1 John 3:8)
 The General Spread of the Gospel (Isa. 11: 9)
 The New Creation (Rev. 21:5)
 The Signs of the Times (Matt. 16:3)
 On Divine Providence (Luke 12:7)
 The Wisdom of God's Counsels (Rom. 11:33)
 The Imperfection of Human Knowledge (1 Cor. 13:9)
 The Case of Reason Impartially Considered (1 Cor. 14:20)

Vol. 3

Of Good Angels (Heb. 1:14)
 Of Evil Angels (Eph. 6:12)
 Of Hell (Mark 9:48)
 Of The Church (Eph. 4: 1 – 6)
 On Schism (1 Cor. 12: 25)
 On Perfection (Heb. 6:1)
 Spiritual Idolatry (1 John 5:21)
 On Dissipation (1 Cor. 7:35)
 In What Sense we are to Leave the World (2 Cor. 6: 17 – 18)
 The Important Question (Matt. 16:26)
 On Working Out Our Own Salvation (Phil. 2: 12 – 13)
 A Call to Backsliders (Ps. 77: 7 – 8)
 The More Excellent Way (1 Cor. 12:31)
 An Israelites Indeed (John 1: 47)
 On charity (1 Cor. 13: 1 – 3)
 On Zeal (Gal. 4: 18)
 On Pleasing All Men (Rom. 15:2)
 Of Former Times (Eccles. 7:10)
 What is Man? (Ps. 8: 3 – 4)
 On Faith (Heb. 11:6)
 On God's Vineyard (Isa. 5:4)
 On Riches (Matt. 19:24)
 The Trouble and Rest of Good Men (Job. 3:17)
 Free Grace (Rom. 8:32)

Vol. 4

Dives and Lazarus (Luke 16:31)
 What is Man? (Ps. 8:4)
 On the Discoveries of Faith (Heb. 11:1)
 On the Omnipresence of God (Jer. 23:24)
 Walking by Sight and Walking by Faith (2 Cor. 5:7)
 The Unity of the Divine Being (Mark 12:32)
 On Knowing Christ after the Flesh (2 Cor. 5:16)
 Human Life a Dream (Ps. 73:20)
 On a Single Eye (Matt. 6: 22 – 23)
 On Worldly folly (Luke 12:20)
 On the Wedding Garment (Matt. 22:12)
 The Deceitfulness of the Human Heart (Jer. 17:9)
 Heavenly Treasure in Earthly Vessels (2 Cor. 4:7)
 On Living without God (Eph. 2:12)
 On Faith (Heb. 11:1)
 Death and Deliverance (Job. 3:17)
 Seek First the Kingdom (Matt. 6:33)
 On Guardian Angels (Ps. 91: 11)
 On Corrupting the word of God (2 Cor. 2:17)
 On Dissimulation (John 1:47)

On the Sabbath (Ex. 20:8)
The Promise of Understanding (John 13:7)
The Image of God (Gen. 1:27)\
The Love of God (Mark 12:30)
The Earth as in Heaven, a fragment (Matt. 6:10)
The One Thing Needful (Luke 16:8)
A Single Intention (Matt. 6:22 – 23)
On Love (1 Cor. 13:3)

Ecclesiology/Evangelism

Vol. 3

On Obedience to pastors (Heb. 13:17)

Vol. 4

Prophets and Priests (Heb.5:4)
Causes of the Inefficacy of Christianity (Jer. 8:22)
The Wisdom of Winning souls (Prov.11:30)

Worship

Vol. 3

Spiritual Worship (1 John 5: 21)

Ecumenical/Others

Vol. 2

Catholic Spirit (2 Kgs. 10:15)
On the Death of George Whitefield (Num. 23:10)
On Laying the Foundation of the New Chapel (Num. 23:23)
The Late work of God in North America (Ezek. 1:16)
On the Death of John Fletcher (Ps. 37:37)
Hypocrisy in Oxford (Isa. 1:21)

Social Issue

Vol. 2

A caution against Bigotry (Mark 9: 38 – 39)

Vol. 3

National Sins and Miseries (2 Sam. 24:17)

Vol. 4.

Public Diversions Denounced (Amos 3:6)

Christian Living/Ethics

Vol. 1

Upon our Lord's Sermon on the Mount, I (Matt. 5: 1 – 4)
Upon our Lord's Sermon on the Mount, II (Matt. 5: 5 – 7)
Upon our Lord's Sermon on the Mount, III (Matt. 5: 8 – 12)
Upon our Lord's Sermon on the Mount, IV (Matt. 5: 13 – 16)
Upon our Lord's Sermon on the Mount, V (Matt. 5: 17 – 20)
Upon our Lord's Sermon on the Mount, VI (Matt. 6: 1 – 15)

Upon our Lord's Sermon on the Mount, VII (Matt. 6: 16 – 18)
Upon our Lord's Sermon on the Mount, VIII (Matt. 6: 19 – 23)
Upon our Lord's Sermon on the Mount, IX (Matt. 6: 24 – 34)
Upon our Lord's Sermon on the Mount, X (Matt. 7: 1 – 12)
Upon our Lord's Sermon on the Mount, XI (Matt. 7: 13 – 14)
Upon our Lord's Sermon on the Mount, XII (Matt. 7: 15 – 20)
Upon our Lord's Sermon on the Mount, XIII (Matt. 7: 21 – 27)

Vol. 2

Wandering Thoughts (2 Cor. 10: 5)
The Wilderness State (John 16:22)
Heaviness through Manifold Temptations (1 Pet. 1:16)
The Cure of Evil-speaking (Matt. 18:15 – 17)
The Use of Money (Luke 16:9)
The Good Steward (Luke 16:2)
The Duty of Reproving our Neighbour (Lev. 19:17)

Vol. 3

On Friendship with the world (Jas. 4:4)
On Temptation (1 Cor. 10:13)
On Patience (Jas. 1:4)
The Danger of Riches (1 Tim. 6:9)
On Dress (1 Pet. 3:3 – 4)
On Redeeming the Time (Eph. 5:16)
On Family Religion (Josh. 24:15)
On Education of Children (Prov. 22:6)
On Obedience to Parents (Col. 3:20)
On Visiting the Sick (Matt. 25:34)
The Duty of Constant Communion (Luke 22:19)
On Attending the Church Service (1 Sam 2:17)
On Conscience (2 Cor. 1:12)

Vol. 4

The Danger of Increasing Riches (Ps. 62:10)
On Mourning for the Dead (2 Sam. 12: 23)