

**What
can
you
bring?**



USPG Harvest worship resource 2010

Helping communities in need
to reach their full potential

Cow breeding project in Lunyanywi



Sister Lucy with goat in the kitchen garden at Milo Bible School



Sister Lucy at the Community of St Mary's novice house



What can you bring?

Harvest is a time for sharing – and Anglican churches around the world will be sharing food, skills and resources with their local communities – reaching out with God’s love.

In the small village of Sayuni, in Tanzania, the Anglican Sisters of St Mary donated a dairy cow from their farm to the local church; the cow was sold and the money used to support local community projects.

Bread of Life. Through USPG, churches, schools and individuals can make a donation that will bring hope to communities in need.

The worship materials in this booklet are inspired by John 6:25-35 – ‘I am the bread of life’.

Everyone has something to offer: a skill, a prayer, a financial donation. This Harvest: what can you bring to your local community and to the world church?

The vision

This is an exciting time for the Diocese of South West Tanganyika, whose vision is for a sustainable church, proclaiming and witnessing to the gospel of Jesus Christ. They need your prayers and donations to help make this happen. ■

USPG is working alongside Anglican Churches around the world as they reach out to their local communities with the message that Jesus is the

‘The church is helping to alleviate poverty by working with communities on social development projects. We wish we could do much more – we would like to offer better health services, more schools, and alleviate poverty. We would like to thank USPG for giving us a helping hand in extending the gospel of Jesus Christ.’

The Rt Revd John Simalenga, Bishop of South West Tanganyika

Please Support our Harvest appeal and help the world church to grow



Bishop John Simalenga at St Joseph's Church, Peluhanda, on Ash Wednesday

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Churches

To order additional resources, including collection envelopes and a DVD, phone us, email us or go to our website where you will find a complete list of resources available:
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Email: enquiries@uspg.org.uk
www.uspg.org.uk/harvest

Primary Schools

Harvest activities and a full assembly can be found at
www.uspg.org.uk/harvest

Front: Sister Lucy of the Anglican Sisters of St Mary, in Sayuni, Tanzania. All photos in this booklet USPG/Leah Gordon

Doing it for themselves!

The Anglican Church in Tanzania is enabling local communities to become self-sustaining.



The Anglican Sisters of the Community of St Mary in Tanzania are converting their bible training into practical community action.

After studying at the USPG-supported Milo Bible School, the Sisters have reported finding a new fluency in their preaching and a fresh vision for reaching out to hard-pressed communities. Sister Lucy, who has been a member of the community for 15 years, took a nine-month course at Milo last year. She said: 'I am very thankful that I was given the opportunity to train at the bible school. The courses gave me the confidence to stand in front of people and teach the word of God. It really helped me with understanding the Bible.'

With this new understanding, Sister Lucy has been able to offer counselling and prayer support for villagers in need. 'Some people come to the convent and ask for prayers,' she said. 'One woman



Sister Lucy in the library and with co-workers in the working farm at Milo Bible School



Left: Sister Lucy at the mother and baby clinic in Matiganjola
Right: St Mary's Kindergarten in Njombe



was very upset because she was struggling in her marriage. But with prayer and counselling the family has made a lot of progress.' Sister Lucy also helps with a range of community development programmes run by the community, which is self-sustaining and has a working farm.

'We are involved in the surrounding communities,' she said. 'Poverty is the biggest issue, with most people eking out a living as subsistence farmers. Consequently, most young people are leaving the area to seek jobs on tea plantations or in towns, like Njombe. So we offer training so the people can start small agricultural projects, such as a piggery, raising chickens and vegetable gardens. People come to the convent to learn practical skills so they can do it for themselves.'

The Sisters run a series of weekly mother and child clinics in Sayuni and

three neighbouring villages. Up to 200 mothers can gather at the clinic, patiently waiting their turn to see the nurse. Babies are weighed and monitored, inoculations are given, and both mother and child are given help with any ailments.

Another initiative set up by the Sisters is St Mary's Kindergarten, in Njombe, which is attended by over 60 children. Some of the children travel up to two miles to get to the school – a difficult journey over rough terrain. ▶

Harvest DVD

Order a DVD with Powerpoint presentation showing the work of the Sisters of Saint Mary and other projects in the Diocese of South West Tanganyika

Tel: 0845 273 1701

Email: enquiries@uspg.org.uk

www.uspg.org.uk/harvest

Lay catechist Christina Mng'ong'o at St Joseph's Church, Peluhanda



A boy in Matiganjole with plants distributed by the Community of St Mary



Sister Lucy at Milo Bible School

Below: Making communion wafers; A health clinic run at the CMM Sayuni Novice House.



The Sisters also operate a tree-planting scheme – important in a region where people cut down trees for firewood – and the convent’s vehicle doubles up as the local ambulance for taking patients to the nearest hospital, a three-hour drive.

Each year, Milo Bible School trains around 30 students – men and women. About a third go on to ordination training, but most become lay catechists (church community development leaders), such as Christina Mng’ong’o.

birth, one of the calves is given to a neighbour, and so the chain continues. Meanwhile, the villagers are shown how to build biogas units that convert cow manure into gas for lighting and cooking.

And, to generate income, the Sisters produce communion wafers for the Anglican Church; it’s a process similar to making pancakes, where the mixture is put on to a hot plate, then using a cutter when the mixture has cooled to create the wafer shape.

Christina said: ‘At Milo, we learned how to lead worship, how to counsel people and how to reach out to people who are not church members. We also received practical training in gardening and farming. Now I’m involved in development activities in my village, as well as teaching religious education in a primary school.’

Mother-of-five Esther Lutumo lives in Peluhanda, where Christina is a church leader. Esther said: ‘Since Christina became a leader of this church she has brought many positive changes. Her presence has brought many members back to church. She’s also proved to be a very good youth leader. She started a youth choir and taught them many songs, which is bringing life to the church.’

Fr Mathia Mtweve, the principal at Milo Bible School, said students are taught practical skills – such as farming, tailoring and carpentry – alongside church management, theology and pastoral care.

One project which Christina has been helping to promote is a diocesan cow-breeding initiative: a villager is given a cow; when the cow gives

Milo Bible School is just one of many community outreach projects run by the Anglican Diocese of South West Tanganyika, with support from USPG. ■



Your support is needed
Please join us in supporting this vital work by giving generously to USPG this Harvest. Together we are creating a model for sustainable futures and church growth.

All-age talk



Based on John 6.25-35

You will need: two people to play parts A and B, with the preacher being P; a fresh loaf of bread, an apron, a mixing bowl, a wooden spoon, and a laptop/briefcase. Begin with two chairs and a table on which there is a loaf of bread.

B (*entering*): Mmm! What a beautiful smell. I love the smell of fresh bread. I think I'll sit here and enjoy the smell.

A (*entering*): What a lovely looking loaf. Just the sort of shape I like. I think I'll sit and appreciate its artistic form.

P (*entering*): Hello. What are you doing?

A: Admiring the bread.

P: Pardon.

B: Don't you think it smells amazing?

P: Well, yes, but...

A: And its shape is wonderful, so homely and comforting.

P: What are you on about?

A: As we said, we're admiring the loaf.

P: But bread isn't to be admired! It's for eating. (*Breaks a piece off and hands to A and B*) Here, try some.

A: Wow, this is better than it looks.

B: And even better than it smells. Can I have some more?

P: Go ahead.

(*A and B gather round the table with their backs to the congregation, munching happily on the loaf*)

B: Mmm, very satisfying. What do you think?

A: I agree. Very satisfying.

P: Um, are you two just going to sit there and scoff all that yourselves?

A: Don't see why not, it's very satisfying.

B: Is there a problem?

P: Well... (*indicates to assembled congregation*)

B: Oh, sorry, we've got our backs to them.

P: That's not quite what I meant!

B: Well, what did you... oh, I get it.

(*A and B hand some of the bread round to the congregation for those who want some*)

More all-age materials online

Visit the Resources section at www.uspg.org.uk for a full all-age service, including hymns, prayers, activities and more.

P (*addressing congregation*): Jesus' miracle with the loaves and fishes amazed people and left 5,000 satisfied customers. But, as so often happened, Jesus' miracle was misunderstood. The people had thought it was brilliant and chased after Jesus wanting more – but it seems that most of them didn't want more of Jesus, just more free food. It's a bit like our two friends with their loaf of bread. First they were just interested in the bread on the outside. They were attracted by it, but they didn't go any further. Then they ate some and found it 'very satisfying'. Jesus told the crowd that whoever came to him, the Bread of Life, would never be hungry or thirsty again. Just think about it. Jesus gives you everything you need. But Jesus doesn't make promises to us so that we can be selfish and self-satisfied. Do we really want to try and keep all Jesus' goodness to ourselves? Or are we going to learn, like our two friends did, that it's better to share? The challenge is this: what can we bring to help spread Jesus' love? He told the crowds that he came to give life to the whole world – what can we give back to the world to help spread the good news of Jesus? Well, we've made a start with the Harvest gifts we've brought today.

(*While you're looking at the Harvest gifts, A and B reappear. A is dressed in an apron and carrying a mixing bowl and spoon, B has a laptop and a mobile phone.*)

P: Oh hello. What are you two up to now?

B: Well, we were so inspired by the bread that we ate that we wanted to share it with as many others as possible.

A: Yes, I've always been a good cook so I've learned the recipe so I can make a lot more loaves.

B: And I'm using my IT skills to promote the loaf. I've designed a website, Tweeted about it, put it on my Facebook page and in my blog. And people want to know more. Lots of people are ordering the loaf to give away. (*A and B exit*)

P: Well, it's good to know that those two weren't just a greedy pair. They were 'very satisfied' with the bread and they've used their skills and time to share it with others.

Show the USPG Harvest film/slides. Ask children to observe the different ways that people in Tanzania share and have feedback afterwards.

P: The people in Tanzania, despite their poverty, are filled with the Bread of Life and so are giving back to Jesus to help him fill others. And we can do the same. Just like the lad who gave Jesus his food, which fed 5,000 people – if we trust Jesus with our money, skills and time then he can multiply what we give. So: what can you bring?

Prayers

By Clare Amos

A Harvest Lord's Prayer

Voice 1: Our Father in heaven,

Voice 2 : Creator of good, may your fatherly care protect and sustain all people.

All: May your kingdom come.

Voice 1: Hallowed be your name.

Voice 2 : Grant us the grace of honouring you through our love shown in practical action.

May your kingdom come.

Voice 1: Your kingdom come, your will be done, on earth as in heaven.

Voice 2 : May your passion for righteousness and justice become the pattern of life on earth.

May your kingdom come.

Voice 1: Give us today our daily bread.

Voice 2 : Help us to ensure that no child of God is hungry, and that there is enough for all to be fed.

May your kingdom come.

Voice 1: Forgive us our sins as we forgive those who sin against us.

Voice 2 : We recognise the human greed which contributes to human need.

May your kingdom come.

Voice 1: Lead us not into temptation but deliver us from evil.

Voice 2 : Challenge us to strive for change and transformation, for the vision of our world as you would have it be.

May your kingdom come.

For the kingdom, the power, and the glory are yours now and forever.

Amen.



What can you bring?

Leader: What can you bring?

All: We bring our delight in the beauty and goodness of creation.

What can you bring?

We bring water, exhilarating sign of the Spirit, flowing free, reshaping the fabric of life.

What can you bring?

We bring our gratitude for God's grace and generosity shown to us throughout this year.

What can you bring?

We bring a full measure of flour, mark of God's provision and plenty.

What can you bring?

We bring our love, our compassion, our energy and commitment.

What can you bring?

We bring yeast and salt, signs of our desire to transform and season our world.

What can you bring?

We bring our common humanity, our being of one body with all God's children throughout the world.

What can you bring?

We bring a loaf whole and well risen, complete and sustaining.

What can you bring?

We bring our determination to share the fruits of the earth more equally.

What can you bring?

We bring bread torn into fragments, the bread of life offered for the pain of the world.

What can you bring?

We bring seeds of faith, pregnant with possibility, ready to ripen into God's future.

What can you bring?

We bring ourselves.

Harvest liturgy

‘Let us love, not in word or speech, but in truth and action.’
1 John 3:18

Introit

The earth is the Lord's and its fullness, the world and all who dwell in it.

All: God be gracious to us and bless us, and make his face shine on us.

Collect

Almighty God, Father of all mercies; you have blessed the works of our hands and have given us the abundance of fruits of the earth. We humbly give you thanks for providing us with the bread of life to nourish our bodies and souls; and give us grace so to share the same with those in need, through Jesus Christ our Lord. Amen.

Readings

- a) OT: Deuteronomy 26:1–11
- b) Psalm: 100
- c) Epistle: Philippians 4:4–9 OR Revelation 14:14-18
- d) Gospel: John 6.25-35

Gradual

The earth shall bring forth her increase; God, our own God will bless us.
God will bless us, and all the ends of the earth shall fear him.

Let the peoples praise you, O God; let all the peoples praise you.

God has blessed us; the ends of the earth shall adore him. Alleluia.

Let the peoples praise you, O God; let all the peoples praise you. Alleluia

(Psalm 67:6-7 adapted)

Offertory

Give thanks to the Lord for he is good;

For his faithfulness endures for ever.

(Psalm 106:1)

Proper Preface

And now we give you thanks because he broke bread with those whom others scorned and when the multitude were hungry he fed them abundantly.

Communion

Honour the Lord with your substance and with the first fruits of all your produce
Then your barns will be filled with plenty, and your vats will be bursting with wine.

(Prov 3:9-10)

Final Prayer

Heavenly Father, we give you thanks for all the blessings you have given us; give us grace to love and serve you, and to be mindful of sharing the same blessings to all around us; through Jesus Christ our Lord. Amen.

Blessing

May God the Father of our Lord Jesus Christ, who is the source of all goodness and growth, pour his blessing upon all things created, and upon you his children, that you may use his gifts to his glory and further his reign of universal peace; and the blessing of God Almighty ...

Hymn

Ee Yesu Chakula Cha Mbinguni

The Revd Fr Thomas Eriyo.

1

Ee ye su cha ku la cha mbi ngu ni ni pe u ni pe u zi ma mi le le e

7

The musical score is presented in two systems. The first system (measures 1-6) features a treble clef on the left and a bass clef on the right, both in 2/4 time. The melody is written in the treble clef, and the accompaniment is in the bass clef. The second system (measures 7-8) continues the melody and accompaniment. The lyrics are written below the notes.



St Andrew's Cathedral Youth Choir singing to raise awareness of HIV/AIDS, Njombe



Ee Yesu Chakula Cha Mbinguni

The Revd Fr Thomas Eriyo.

1. Ee Yesu chakula cha mbinguni nipe unipe uzima milele
2. Ee Yesu mkate wa malaika nipe unipe uzima milele
3. Ee Yesu posho ya wasafiri nipe unipe uzima milele
4. Ee Yesu mfalme wa watawala nipe unipe uzima milele
5. Ee Yesu twakupa nyoyo zetu zijaze nipe unipe uzima milele
6. Karibu njoo kwetu moyoni tupe utupe uzima milele
7. Ee Yesu wewe furaha yetu na pia uzima milele

Translation

1. Oh Jesus, Bread of Heaven give me, give me eternal life
2. Oh Jesus, Bread of Angels give me, give me eternal life
3. O Jesus, Food of Travellers give me, give me eternal life
4. Oh Jesus, King of Rulers give me, give me eternal life
5. Oh Jesus, we give you our hearts to fill, give us eternal life
6. Welcome, come into our hearts, give us, give us eternal life
7. Oh Jesus, you are our joy, and also eternal life

For more hymn suggestions, visit www.uspg.org.uk/harvest



Sister Lucy in church in Matiganjole

Sermon notes

Based on John 6.25-35

By The Rt Revd John Simalenga, Bishop of South West Tanganyika, Tanzania.

'Like a braided loaf, the Eucharist weaves our life together with the life of Christ and the life of the world, interpreting each in the life of the others. We are not just to hear but to be the Word of God... we not merely receive but become the Body of Christ broken, his Blood poured out for the world.' (John Hadley, 'Bread of the World', DLT)

The words above resonate with the Gospel reading, John 6.25-35, which forms part of the long account of Jesus feeding the multitude and then explaining to them the significance of what has happened. The image of 'braided loaf' fits here too, as the chapter weaves together the physical feeding of a large crowd, Jesus' own role as 'the true bread from heaven' and then speaks of the need for Jesus' disciples – and us – to eat his flesh and drink his blood so that we can abide with him forever – a clear allusion to the Eucharist.

Harvest is surely a time when we can – and must – celebrate the 'weaving together' of our lives with the life of Christ and the life of the world. All three strands are essential – and it is through our Eucharist that we can discover this most clearly.

On this day of Harvest, God is calling us to share with the world this bread of life. The bread of life we have received through the proclamation of the Gospel must be shared with all peoples throughout the world. Millions of people have yet to receive this bread, which is vital for attaining life in all its fullness.

On this day of Harvest, those who have accepted the Good News are called to unite at the Lord's Table, and feed on the bread of life – the body and blood of Christ. This mystical food both nourishes and empowers the people of God, to walk together by faith, and witness their unity to the world.

On this day of Harvest, we are compelled to go out to the world, to share the gift of physical bread which Jesus offered and multiplied in his earthly ministry. Out there and around us, there are the poor, the needy, the marginalised, the impoverished and the outcasts. In practical ways, through our offering of our 'bread', our own material blessings, we are called to enable the transformation of communities.

(A braided loaf – or three strands of dough braided together – could be used as a visual aid for the sermon.)

Further resources

Bring the story of the Anglican Church in South West Tanganyika to life for your congregation.

Order or download your FREE Harvest resources

In Britain:

call 0845 273 1701 or 020 7378 5678
email enquiries@uspg.org.uk
or visit www.uspg.org.uk

In Ireland:

call 071 965 1998
email uspg@ireland.anglican.org
or visit www.uspg.ie

Resources available:

- DVD featuring a short film and PowerPoint talk looking at the life of the Sisters of Saint Mary and the Anglican Church in South West Tanganyika
- Collection envelopes
- Poster for church notice boards
- Interactive web flyer for your congregation
- Primary schools assembly material and other schools materials, including worksheets, games and fundraising ideas.
- Invite a USPG speaker to your church
- Photo exhibition for hire

Every
donation
counts

Please give generously to USPG. Thank you for your support.

£10/€12 could buy 5 HIV test kits in sub-Saharan Africa

£25/€30 could fund one month's training for a church leader in Tanzania

£150/€175 could train medical staff in Bangladesh

£400/€460 could resource a medical team with vital equipment in Myanmar



Use a welly!

Why not encourage the Sunday School to decorate wellington boots to use as an alternative to collection plates this Harvest?



“Our vision is to have a sustainable church, proclaiming and witnessing to the gospel of Jesus Christ – spiritually, physically and mentally. A church which is self-dependent, so we can help our people from our own resources. We wish we could do much more but we are constrained by resources.”

The Rt Revd John Simalenga,
Bishop of South West Tanganyika, Tanzania

USPG: Anglicans in World Mission

is enabling churches to share God's love in practical and life-changing ways.

We work in direct partnership with Anglican Churches in over 50 countries, helping to strengthen the church and build communities.

USPG needs your donations to support vital church work, including health care, education, leadership training and action for social justice.



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